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VOLUME 15, NUMBER 63

WEDNESDAY, AUGUST 26, 1998

FIFTY CENTS

Man, 19, killed in nightclub shooting

By Scott Cousins
Staff writer

Revenge for a fatal shooting last summer appears to be the motive for killing in Venice early Sunday morning.

Corry D. Williams, 19, of the Lee

Wright Homes in Venice was shot and killed about 2:10 a.m. at Club Venice, 740 Broadway.

Agents with the Illinois State Police Department of Criminal Investigation are investigating the case, but no arrests have been made and no charges have been filed as of Monday.

An agent with DCI said no charges

are expected to be filed in the "near future."

The suspect, who was also suspected of shooting at Williams last September, fled the scene on foot.

In the September incident, the suspect allegedly fired several shots at a vehicle Williams was driving in

the Lee Wright Homes area. Williams was uninjured in that incident.

Williams had been the subject of a grand jury investigation in the shooting death of Quinton D. Porter, 24, on July 11, 1997. Williams was not charged.

Porter, of Madison, was shot and killed in an argument with Williams

in the 500 block of Jefferson. According to police, both were armed with handguns, and it appeared that the shooting was in self-defense.

On Sunday, police received a report of shots fired at the club at about

See CLUB, Page 6A

Study: Many suffer from area's air pollution

Debate on health effects focuses on its severity

Everyone is affected by bad air quality, even healthy young people with no history of disease."

Karen Lanter
ALA field director

By Jason White
Staff writer

(Editor's note: This is the final installment of a four-part series on our area's air quality.)

The health effects of air pollution range from minor irritation to shorter lifespans, according to a growing body of research.

Studies have linked air pollution to absenteeism at school and work, life expectancy, hospital admissions for pneumonia, asthma, heart attacks and other lung and heart diseases.

Although experts debate pollution's effects on



individuals and how far pollutants should be reduced, there is a consensus about pollution's hazards.

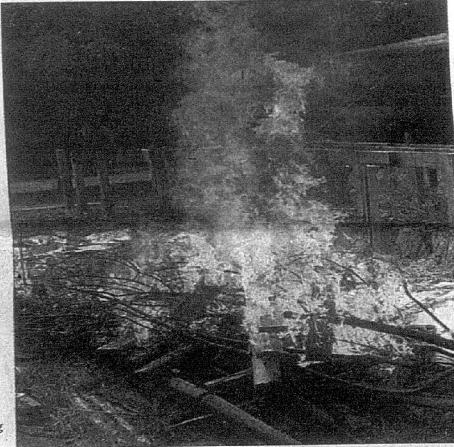
"What debate there is is the severity of it," said Dr. Courtney Crim, associate professor of pulmonary medicine at Southern Illinois University. "It's difficult to predict in an individual what their susceptibility will be."

Karen Lanter, field director of the American Lung Association, agreed.

"Everyone is affected by bad air quality, even healthy young people with no history of disease."

"We will have different opinions about acceptable

See HEALTH, Page 5A



John Swistak Jr. photo
Building supplies and landscape timbers are burned at a rural site in St. Clair County.

Officials fight burning trash in neighborhoods

By Nicole Vaughn
Staff writer

In 1995, Shirley Basden, county leave doors or windows open or even sit outside without being overcome by smoke or the stench of burning material. Residents in neighborhoods in Park Place outside Collinsville were regularly hanging their trash — and then some.

"Couches, tires, anything they wanted to get rid of, they'd burn," Basden recalled.

"There was always this mist hanging in the air."

"It would make your nose and throat burn and believe me, there is nothing that smells worse than a burning Palmer."

Then the environmental division of St. Clair County, State's Attorney Tom Shadid, took action on the community. Such burning violated both the state's Environmental Protection Act and the county's zoning ordinance.

Walking street by street with

"Couches, tires, anything they wanted to get rid of, they'd burn. There was always this mist hanging in the air."

Shirley Basden

a zoning officer, an assistant state's attorney made residents extinguish illegal fires. It took time but things got better.

"For about a year now, the air's been decent," Basden said. "More people are coming. We've still got a few who sneak out at night and do it and you can always tell the next day."

Officials tried to warn residents of the hazards of burning trash. Household products can contain harmful chemicals including arsenic, benzene, dioxin, formaldehyde,

See BURNING, Page 5A

State to pump transportation money into ports

By Scott Kelly
Staff writer

State transportation money has finally found its way to the Tri-City Area Port Authority.

Gov. Jim Edgar signed legislation recently to create a revolving loan program that will make funds available to Illinois port districts for intermodal freight and water transportation facilities.

The legislation is designed to benefit

"Until now, the state of Illinois did not (have it) despite the fact that nearly every other mode of transportation in Illinois receives state assistance."

Bob Wydra
Tri-City Port executive director

each of the 13 Illinois public port districts and was spearheaded by the Mid-America Port Alliance, an

inter-governmental pact formed in 1997 between the ports of Tri-City, Kaskaskia and Southwest.

"Twenty-six other Midwestern river states have some form of capital assistance financing program available to their ports," said Bob Wydra, executive director of the Tri-City Port. "Our notion was the state of Illinois did not have it despite the fact that nearly every other mode of transportation in Illinois receives state assistance, from bicycle trails to

See STATE, Page 6A



Gov. Jim Edgar

Granite City Journal

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FULLER'S FORECAST

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Granite City man arrested for DUI

Suspect damages parked cars, injures himself during incident

By Scott Kelly
Staff writer

A Granite City man was arrested for driving under the influence after he injured himself in a crash early Saturday.

Police found Jeremy C. Frey, 21, of the 2700 block of Buxton, lying face down on the grass on the west side of Grand after the man had crawled out of his car. He was bleeding from the head. EMS arrived and took care of

his injuries.

According to police reports, Frey hit parked cars and a tree along Grand with his 1986 Honda.

Police and accounts from bystanders said the suspect ran a stop sign at 55th and Grand. He began to hit parked cars. He first sideswiped a tan Chevy Chevette.

He then struck a tree and continued driving until hitting a 1988 Ford Aerostar van before finally coming to a stop. Meanwhile, the van spun around and struck the tail end of a 1989 Ford Taurus and came to a rest sideways in the middle of the street.

All the other vehicles were

parked and unoccupied. All vehicles other than the Taurus suffered extensive damage.

Frey was taken to St. Elizabeth Medical Center where he was treated for injuries. He told police his car had started fishtailing, causing him to hit the other cars.

He admitted to police he had been drinking, "enough to get tipsy."

Police arrested Frey for disobeying a stop sign, failing to reduce speed to avoid and accidentally driving into an intersection and no seat belt.

Police released him on bond but did not bring him down to the police station due to his injuries.



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Obituaries
and
Selected
Mortifications

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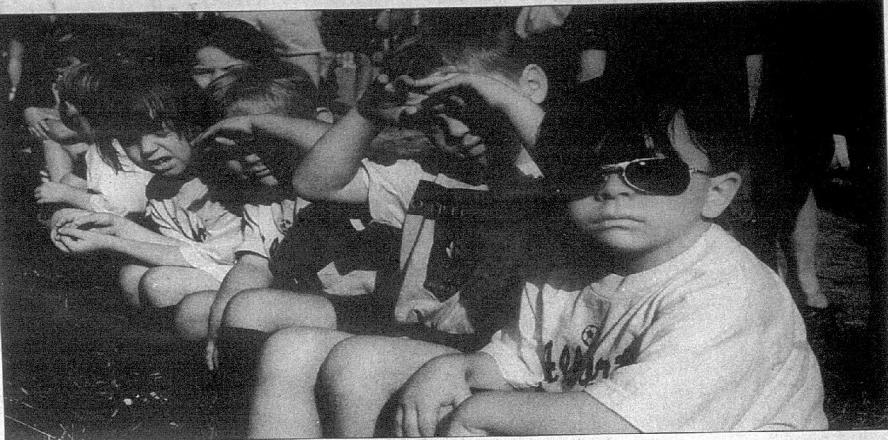
...thoughtfulness, always.

931-8000

News



The Granite City Soccer Club parade was held Aug. 22 to showcase all those involved. Above, Coach Steve Kessel gives instructions to the Eagles Auxiliary team. At right, from left, Amanda Regan, Ryan Williams, Joe Hart and Andrew Clutts, all 4-year-olds who play for the All Sports Campers, wait for the parade to start.



Above, Judy Stroehmer, chairman of the parade, welcomes participants. At left, Danielle Hitchcock and Matt Davis practice.



Above and far right, the parade drew many teams. Far above, from left, Ashley Gunther, Erika Hartwick, Bailey Staton, Brittany James and assistant coach Susan James show their team spirit.

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Granite City Journal

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News

Briefly**Centennial books have arrived**

All persons who placed paid orders for copies of the Centennial Pictorial History of Granite City and the Old Six Mile Museum reprinted on demand, should pick up their books at the Old Six Mile Museum.

The books are available for pick-up between 11 a.m. and 3 p.m., Aug. 26 and Sept. 5 and between 1 and 4 p.m., Aug. 30 and Sept. 6.

To secure reprints of the book, a definite number of books must be ordered. The extra copies are now available to the general public at the same cost of \$35, on a first-come basis, on the day of distribution above. Old Six Mile Museum staff say the book would make an excellent Christmas gift.

Free GED class offered

The Madison School

District, the Madison Public Library and Belleville Area College are offering a general equivalency diploma family education class, to be held at Blair School in Madison.

The free class will provide for GED test preparation, improve parenting skills and promote family activities at the program.

The class meets from 12:10 to 3 p.m. Sept. 8-10. Registration will be on the first day of class. Students need to have proof of residency. Free child care will be provided for children not enrolled in school.

Meeting changed

The regular meeting of the Chouteau Township Board of Education scheduled for Sept. 7 has been changed because of Labor Day.

The board will meet at 7 p.m. Sept. 8 in the Chouteau Township Building, 906 Thorngate Drive.

For more information, call Chouteau Township Clerk Barbara Overton at 931-0323.

Blood drive slated

The Madison County AFL-CIO, in conjunction with the American Red Cross, will host a blood drive from 1 to 5 p.m. Thursday in the USWA Local 67 Union Hall, 2234 E. 25th St., in Granite City. All donors are welcome.

What's news to you?

The Journal dedicates itself on producing a community newspaper, and as such, should reflect the strengths, accomplishments, interests and events affecting its readers. Do you have a brief for our community? Please send your news to the Granite City Press-Record/Journal, 1815 Delmar, Granite City, IL, 62040.

Blood donors admitted to City Museum for free

Fast facts

WHAT: Famous Faces-Famous Places Family Blood Drive
WHERE: St. Louis City Museum, 701 N. 15th St. Call 231-2231 for directions
WHEN: 9 a.m. to 3 p.m. Monday, Sept. 7
INFO: 1-800-GIVE-BLOOD

By Julie Devlin
Staff writer

"They have man-made caves to explore and a museum of Mirth, Mystery and Mayhem. That part of the museum is really interesting. There is a display of the world's largest pair of underwear — it's outrageous."

Peggy Michelson
Red Cross representative

of accidents and injuries," Michelson said.

"We are asking all Missouri and Illinois residents to step forward and donate blood to help people who rely on life-saving blood products."

Eligible donors must be 17 years and older to donate blood.

"Giving blood is easy, safe, and takes less than an hour," Michelson said.

The blood drive, called "Famous Faces-Famous Places," is the event is held at a famous place and several voices from KMOX Radio (1120 AM) will be on hand, including Ron Jacober, Carol Daniel, John Carney, Nan Wyatt, Charles Brennan and Doug McNeil, who will be available for pictures and to sign autographs.

"Our goal is to get 400 pints of blood. We are confident we can reach our goal," Michelson said.

Those who donate will receive a T-shirt, a voucher for admission to a 1999 St. Louis Cardinals baseball game and a goodie bag.

Appointments can be scheduled by calling 1-800-GIVE-BLOOD.

"Walk-in donors are welcome, but we encourage people to call in advance for an even flow of people," Michelson said. "Help save a life and have fun. It will make a person feel good."

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Big tomatoes sought

We are looking for the largest tomato our readers can grow this season. So, if you think you have the winning crop, bring it in to our office and have it weighed. If it's big enough to warrant one, we'll take a picture of you and your tomato and publish it for the photo and contest results in a future issue of your Journal. If your tomato is judged the winner of those entered in the contest, we will pay you \$50.

TRUANCY NOTICE

In a continuing effort to curtail the chronic truancy rate in the Granite City School District, the Truancy Officer of Coordinated Youth and Human Services will be adhering more closely to the City Ordinance regarding truancy effective September 2, 1997.

Beginning the first week of school if a student enrolled in Granite City District #9 is absent from school without just cause, the student and parents or guardian may be charged on a violation of City Ordinance for each absence.

In accordance with the National Education Goals, we believe all children in America have the right to a basic education and daily attendance in school guarantees that right.

This notice is an attempt to inform all chronic truants, and their parents, or any person missing 10 days or more during the last school year, of the heightened effort to get students in school.

If you need assistance in obtaining a school physical for your child, please call the Koch Clinic at 798-3700. Should you have any questions regarding this notice, please contact Paula Hubbard or Laura Carr at 876-2383.

Obituaries

Leona Bennett

LEONARD LEE BENNETT, 70, of Granite City died Saturday, Aug. 22, 1998, at Sunrise Care Center in Edwardsville.

Mr. Bennett was born June 19, 1928, in Waldenburg, Ark. She was a retired cook from St. Elizabeth Medical Center.

Survivors include her sons, David and Robert Bennett of Granite City; two daughters, Cindy Shubert of Granite City and Debbie Rose of Goliad, Texas; one sister, Edra Graham of Republic, Mo.; and six grandchildren.

Services will be preceded in death by her husband, Robert "Huey" Bennett.

Bennett's body was donated for scientific study to Washington University in St. Louis, Mo.

Memorials may be made to the American Diabetes Association, 9440 Manchester, St. Louis, MO, 63119.

James Crawford

JAMES D. CRAWFORD, 86, of Ashley, died Saturday, Aug. 22, 1998, at Granite City Community Hospital in Mt. Vernon.

Mr. Crawford was born April 26, 1912, in Nickle, La. He worked 20 years for Madison Auto in Madison and 10 years for Houser Automotive in Granite City. Mr. Crawford was a member of the Almwell Baptist Church in Almwell, La., a past member of the Granite City Lions Club and a past Boy Scout leader.

Survivors include his daughter, Crystal Semeke of Ashley; one brother, Hansford Semeke of Granite City; three sisters, Sean Semeke of Ashley, Kim Gomora of Lake Bluff and Jill Winkler of Carlyle; and two brothers, Carl Gomora of Lake Bluff.

He was preceded in death by his first wife, Evelyn (Cavitt) Crawford; second wife, Carolyn (Robinson) Crawford; third wife, Gertrude (Boyett) Crawford; son, Randy (Mary (Barnett) Crawford; five brothers and one sister.

Services will be 1 p.m. Thursday, Aug. 27, at Granite Founts Funeral Home in Jennings, Mo. Burial will be in St. John Cemetery in Jennings, Mo.

Robert Dawes

ROBERT "BOB" DAWES, 52, of Granite City died Sunday, Aug. 23, 1998, at St. Elizabeth Medical Center in Granite City. He was born Oct. 10, 1945, in Granite City.

Mr. Dawes was a retired captain in the Granite City Police Department, a member of Good Shepherd United Methodist Church in Granite City and a member of the U.S. Air

Force Reserves.

Survivors include his wife, Patricia (Jones) Dawes; his parents, Fred and Gladys Dawes; two sons, Rick Dawes and Tim Dawes, both of Granite City; two sisters, Brenda and Ruth Lee of Orem, Utah; one brother, Larry Dawes of Granite City; and one granddaughter, Elizabeth Dawes of Granite City.

Services will be at 10 a.m. today, Wednesday, Aug. 26, at Irwin Chapel, 3960 Main Street Road in Granite City, with the Rev. Max Wood officiating. Burial will be in St. John Cemetery in Glen Carbon.

Memorials may be made to Good Shepherd United Methodist Church.

Dula Franklin

DULA MILTON FRANKLIN, 90, of Granite City died Friday, Aug. 21, 1998, at Madison County Nursing Home in Edwardsville.

Mrs. Franklin was born Sept. 19, 1907, in Dula, Tenn. She was a member of the Bethel Chapel in Granite City.

Survivors include her daughter, Mrs. Arline Brimm of Granite City; one brother, Roy Floyd Milton of Marion; four sisters; brothers; and three great-grandchildren.

She was preceded in death by her husband, Milton; her parents, Jessie and Callie (Folks) Milton; one son, Richard Franklin; and one brother, Jack Franklin.

Services were Tuesday, Aug. 25, at Bethel Chapel with the Rev. Leon Bell officiating. Burial was in Sunnyside Memorial Estates in Glen Carbon.

Memorials may be made to the Bethel Chapel, 3960 Main Street, Irwin Chapel handled the arrangements.

Lorraine Grimes

LORRIANE M. (ASHBY) GRIMES, 78, of Granite City died Saturday, Aug. 22, 1998, at Maryville Manor.

Mrs. Grimes was born March 26, 1920, in Madison. She had been a member of Lancer Courier Service as a courier and a volunteer at St. Elizabeth Medical Center and a member of St. Mary's Catholic Church in Madison.

Survivors include her son, Thomas Grimes of Granite City; her daughter, Phillip Grimes, both of Riverside, Calif.; and James Grimes of New Orleans, La.; six daughters.

She was preceded in death by her husband, Phillip Grimes.

Services were Tuesday, Aug. 25, at Holy Family Catholic Church in Granite City, with the Rev. Tom Ozment officiating. Burial was in Calvary Cemetery in Glen Carbon.

Memorials may be made to the Holy Family School or the American Legion Society.

Axarie Pashalian

ARAXIE (MAONOOGIAN) PASHALIAN, 90, of Granite City died Saturday, Aug. 22, 1998, at her residence.

Mrs. Pashalian was born Jan. 6, 1908, in Keghi, Armenia. She was a member of the St. Gregory Armenian Apostolic Church in Granite City.

She was preceded in death by her husband, Randy Pashalian.

Services were Tuesday, Aug. 25, at Colonial Care Center in Granite City.

Memorials may be made to the American Cancer Society.

Frank Smoltz Jr.

FRANK SMOLTZ JR., 32, of Granite City died Saturday, Aug. 22, 1998, at Colonial Care Center in Granite City.

Mr. Smoltz was born May 29, 1966, in Edwardsville. He was retired from Granite City Steel, and was a member of the St. Mary's Catholic Church and former member of the AARP and the American Legion.

Survivors include his wife, Mary (Gill) Smoltz; one stepson, Ron Graywacz of Madison; one brother, Louie Smoltz of Edwardsville; and two grandchildren.

He was preceded in death by his

Peggy Stover, Sally Frisse, and Becky Allen

PEGGY STOVER, 80, of Granite City; **SALLY FRISSE**, 79, of Fairview, Nev.; **BECKY ALLEN**, 79, of St. Peters, Mo., and **JEANNE TRUELOVE** of Chester, Va.; 14 grandchildren; and 11 great-grandchildren.

She was preceded in death by her husband, Lester Grimes; Francis (Broderick) Ashby; one son, Michael Grimes; and one brother, Edgar Ashby.

Services were Tuesday, Aug. 25, at St. Mary's Catholic Church with the Rev. Jim Keefer officiating. Burial will be in St. John Cemetery in Glen Carbon.

Memorials may be made to the Masses to the church.

Richard Manning

RICHARD J. MANNING, 42, of Cahokia died Saturday, Aug. 22, 1998, at St. Louis University Hospital.

Mr. Manning was born Jan. 23, 1956, in East St. Louis. He was employed by Nooter Corp. in St. Louis, and was a member of the Granite Club of Nebraska.

Survivors include his wife, Lucille (Tiger) (Touchette) Manning; one son, Michael (Janet) Manning of Kaiser, Mo.; and one sister, Robin DeGraffenreid of Brussels, Wis.

He was preceded in death by his father, Donnie Manning; and one brother, Randy Manning.

Services will be at 10 a.m. Thursday, Aug. 27, at St. Gregory Armenian Apostolic Church with the Rev. Vartan Kassabian officiating. Burial will be in St. John Cemetery in Glen Carbon.

Memorials may be made to the St. Gregory Armenian Apostolic Church.

Paul Mosby

PAUL E. MOSBY, 56, of Birmingham, Ala., died Friday, Aug. 21, 1998, in Birmingham, Ala. He was born Sept. 2, 1941. He was a retired salesmen from National Lead and Mayfield Manufacturing Co. and member of the Knights of Columbus and the Holy Family Catholic Church.

Survivors include his mother, Katherine (McGinnis) Mosby of Granite City; one sister, Mary Frances Little of St. Paul, Minn.; and two brothers, Charles Mosby of Granite City and Robert Mosby of Louisville, Ky.

He was preceded in death by his wife, Thomas Mosby.

Services were Tuesday, Aug. 25, at Holy Family Catholic Church in Granite City, with the Rev. Ross Hermonat officiating. Burial was in Calvary Cemetery in Glen Carbon.

Memorials may be made to the Holy Family School or the American Legion.

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She was preceded in death by her husband, Phillip Grimes.

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Memorials may be made to the American Cancer Society.

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Mr. Smoltz was born May 29, 1966, in Edwardsville. He was retired from Granite City Steel, and was a member of the St. Mary's Catholic Church and former member of the AARP and the American Legion.

Survivors include his wife, Mary (Gill) Smoltz; one stepson, Ron Graywacz of Madison; one brother, Louie Smoltz of Edwardsville; and two grandchildren.

He was preceded in death by his

Survivors include her daughters, Linda and Andrew, and Marian Wright of Granite City; one son, Sam Manoogian of Granite City, Ontario, Canada; one sister, Charles Manoogian of Granite City; and two brothers, Frank and Anna (Hoag) Smoltz; and two brothers, Bill and Joe Smoltz.

Services were Monday, Aug. 24, at The Lakes Memorial Mortuary in Granite City with the Rev. Jim Keefer officiating. Burial will be in St. John Cemetery in Glen Carbon.

MARY WITTKOWSKI, 77, of Apponaug, R.I., died Tuesday, July 21, 1998.

Mrs. Wittkowski was born in St. Louis, Mo. She moved to Central Florida in 1978. She was a member of the Bride of Christ Church in Ocoee, Fla.

Survivors include her husband,

Charles Wittkowski; one son, Larry Arnold of Granite City; two daughters, Linda and Andrew, and Marian Wright of Granite City; and two brothers, Bill and Joe Smoltz.

Services were Monday, Aug. 24, at The Lakes Memorial Mortuary in Granite City with the Rev. Jim Keefer officiating. Burial will be in St. John Cemetery in Glen Carbon.

MARY WITTKOWSKI, 77, of Apponaug, R.I., died Tuesday, July 21, 1998.

Mrs. Wittkowski was born in St. Louis, Mo. She moved to Central Florida in 1978. She was a member of the Bride of Christ Church in Ocoee, Fla.

The Journal will publish obituaries up to two weeks following the funeral services. Although most obituaries are submitted by friends and family, voluntary contributions can be sent to Granite City Journal, 1815 Delmar, Granite City, IL 62040.

EPA t

The U.S. Environmental Protection Agency national standards follow:

Carbon monoxide odorless, colorless, emitted with a exhaust that is the body's air to the and other organ.

Carbon monoxide considered especially harmful to infants and children.

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Ozone is produced by problems and ozone.

Nitrogen related nitro contribute to formation and atmospheric particles. It is found in burning in and automobile.

Nitrogen similar to ozone and sulfur.

Sulfur di-

HANDCRAFTS

Late Summer Tips from the experts at

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Where Beautiful Things Begin

August is slowly fading away, and with it, a good portion of the gardening season. But there's still plenty to do. Cold weather's a long way off yet.

Allow tomatoes to ripen on the vine for the sweetest, juiciest fruit. If you plan on storing for any length of time, pick when green. Fruit? Although many people consider the tomato a vegetable, it's actually a fruit. For those who wish to be even more technical, it's a berry.

Make frequent trips through your vegetable garden and harvest what's ready. Warm temperatures encourage quicker ripening.

Cut and dry flowers suitable for winter bouquets. These include baby's breath, celosia, Chinese lantern and statice. They preserve well.

Give the garden tools a good once-over. They probably could stand some cleaning or a part here and there may need tightening.

Cantaloupes are ready to harvest when the stem pulls away easily from the melon when it's wiggled.

Don't prune your shrubs any more this year. Doing so may stimulate new growth that may be damaged by cold weather.

If corn earworm is a problem in your garden, spray the silks with either Diazinon or Sevin.

Bulb planters make the job of planting bulbs much easier.

If you have a hard time remembering the names and care requirements of your houseplants, try labeling them. You'll be surprised how fast you and even the children will learn the plants.

Avoid pruning evergreens. Allow the plants ample time to harden off their new growth before winter.

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Some worried about Laclede's future

By Darryl Howlett
Staff writer

Some steelworkers at Laclede Steel Co. who have more than 20 years at the plant are seriously concerned about the company's future.

ALTON Frank Howard, 58, of Alton, regards Laclede's financial woes as a serious matter — one that could possibly affect his pension.

Howard has been with the company 30 years. "I've been listening to what's been going on. I'm planning on (working) until next year when I retire. If I don't know what to do, I would lose some of my retirement (money)."

Howard has good reason to be concerned. The company has posted four consecutive quarters of operating losses, and officials have said they are considering closing all or part of the Alton plant.

"I think with some new management they can pull us out of it. The old (management) ran (the plant) into the ground."

Frank Howard
Laclede Steel employee

they can pull us out of it," he said. "The old (management) ran (the plant) into the ground."

Howard said the uncertainty has his wife concerned, too.

"She's concerned I might not get a pension."

But Howard said he is in better shape than the younger workers who just bought homes.

Howard said that despite Laclede's difficult times and its unpredictable future, he is indebted to the company for hiring him in 1968.

"Laclede has given me and my family a good living all of these years," he said.

Ed Mills, 38, of Brighton, is another longtime employee of Laclede. He believes that despite the company's recent financial problems, the plant will not close.

"They're in this to stay. I'm sure they're going to ask (union employees) for something in compensation," said Mills, who has worked at Laclede for 20 years, since graduating from high school. He said he believes the new management is taking appropriate steps to make the plant profitable again.

"They have been updating quite a bit by putting money into the machinery," he said.

Mills, who is married with two children, said he doesn't bring the talk of a plant closing home for discussion.

"My home is the only place I can have privacy. I can't have privacy at work," he said.

Club is the scene of fatal shooting Sunday

Continued from Page 1A

about 2:10 a.m. Another officer in the area was flagged down by one of the night club's security people, who said the suspect had fled to the north.

When officers arrived, they found Williams in the night club's parking lot bleeding from a single gunshot wound from what appeared to be a "large caliber handgun."

He was transported by ambulance to Saint Elizabeth Medical Center

in Granite City, where he was pronounced dead at 2:35 a.m. Police seized \$275 in cash and what they believe to be cocaine from Williams' pockets. Officers said the suspect — a black man wearing white shorts, a white shirt and white shoes — shot Williams just inside the entrance to the club.

Venice Police Chief James Newsome said they were searching the area near Venice School in case the suspect dropped the weapon, probably a 9mm handgun, in that area.



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State pumps transportation money into ports

Continued from Page 1A

airports, highways, bridges and railroads," he said.

It is good public policy, Wydra said, and it makes good sense because the state's economy, plus the healthy competitive status of agriculture and industry, relies heavily upon water transportation.

The program makes \$5

million per year for five years available to the ports to share.

The legislation authorizes the state to enter into both the use of Illinois' 1,119 miles of navigable inland waterways and the agriculture and industries that rely upon ports and waterways.

Cargo handled to and from Illinois by rivers and canals totals \$15 billion per year with more than 77,000 people in the state employed by industries that rely on river

transportation.

All southwestern Illinois area legislators, Republicans and Democrats alike, supported the

legislation, based upon the impact it will have on the state's economy.

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*If it rains 1 1/2" between 9:00 a.m. - 5:00 p.m. on September 7, 1998 at official weather station, St. Louis MO Airport. Except Sales Tax.

Fores

The St. Louis skyline was alive Sept. 19 as 7 balloons with 100 feet of string were released for the 26th annual Great American Balloon Race. Energizer is sponsoring the race for the sixth consecutive year.

What began as a flight of fancy balloons and a handful of fans has grown to more than 100 balloons from the northwest corner of the country.

The Great American Balloon Race has most well-known balloons in the world and says John M. Miller, president and owner.



The balloons are filling the sky long. You still have her for the live

Win

News

Forest Park race to feature 70 balloons

The St. Louis skies will be alive Sept. 18 with 70 colorful balloons that will take off for the 29th annual Great Forest Park Balloon Race. Energizer is sponsoring the race for the sixth consecutive year, as the Energizer Bunny Hot "Hare" Balloon once again leads the pack in the "Hare and Hound" race.

What began 26 years ago as a flight of fancy with 12 balloons and a handful of fanatic fans has grown to more than 130,000 spectators and nearly 80 balloons launched from the site at the northwest corner of Forest Park.

The Great Forest Park Balloon race has become the most well-attended single-day balloon race in the country, says John Marlow, president and one of the founding members of The

"This event is a great celebration for St. Louis, it's totally free to the public and we want everyone to come out and enjoy it."

John Marlow

Great Forest Park Balloon Race, "it is also the best-attended single sporting event in Missouri. This year, it's a great celebration for St. Louis, it's totally free to the public and we want everyone to come out and enjoy it."

Race day will begin at noon with a full day of free activities including pony rides, an Energizer Activity Area, the Purple Piggy Chow/Kitten Chow Children's Entertainment Area, and the TWA Activity Area. At 1 p.m., Wehrnenberg Theatres will sponsor a photo contest of inflating balloons,

"Hound" which drops a bird seed baggie closest to the "X" is declared the winner.

Other sponsors include the St. Louis Journals, which joins the race for the first time as a media sponsor; 4 St. Louis KMOV Television, and KMOX News/Talk 1120. In addition, contributing sponsors include Wehrnenberg Theatres participating in the race this year as an event sponsor; Anheuser-Busch, Ralston Purina, Pepsi, Chrysler, Southwestern Bell Mobile Systems and others.

On the evening, Sept. 18, the annual "Balloon Glow" will take place beneath the World's Fair Pavilion from 7 to 8:30 p.m. Fifty 80-foot hot air balloons will inflate and be lit by their 12-million BTU burners, creating a spectacular sight.

As is the tradition, Forest Park will benefit from profits of The Great Forest Park Balloon Race.

In the event of unfavorable weather, the race and race-day activities will take place at the same time on Sunday, Sept. 20.



The Energizer Bunny balloon will be the "hare" in the Great Forest Park Balloon Race on Sept. 19.

Child ID session slated Friday

Parents can get their children fingerprinted and photographed at a KidCare

Photo ID from 10 a.m. to 2 p.m. Friday at Venti Head Start, 502 Broadway.

The event is sponsored by Family & Community Services and Magna Books. Refreshments will be served, and area social service agencies will be available to answer questions.

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JUNIOR-MISSES-PLUS-GIRLS-FOOTWEAR-LINGERIE-ACCESSORIES

Experts support strikes, say military force shows results

By Sanford J. Schmidt
and Darryl Howlett
Staff writers

The United States' use of military force against alleged terrorist hideouts in Sudan and Afghanistan Thursday received varying degrees of acceptance from political scientists, residents and tourists.

"This is the response that gets the desired result, which is the reduction in international terrorism," said David L. Lomberpis, professor of political science at Southern Illinois University at Edwardsville.

Such action apparently succeeded in putting the brakes on the terrorist activities of Moammar Ghadafi in 1986, said Timothy Lomperis, chairman of the Political Science Department at Saint Louis University.

Dolman said such forceful action seems to be the only way to prevent terrorists from carrying out their goals.

"This was a consistent, prudent and reasonable response," he said.

The United States retaliated 13 days after the deadly embassy bombings in East Africa. President Clinton acted on intelligence information that he said pinpointed one of the most active terrorist bases in the world in Afghanistan and an industrial plant in Sudan that made agents for chemical weapons.

The targets were said to be connected to international terrorist groups like Laden, a Saudi Arabian millionaire.

Meanwhile, Scott Air Force Base was placed on safety alert status following Thursday's attack.

Immediately following the attack, SAFB was placed on threat con alpha, the lowest level of security alert status, said Lt. Beth Szucs.

While in a safety mode, people are either required to show some sort of identification or receive an escort once they enter the security gates on base, she said.

"Everything is pretty much status quo," Szucs said.

Lomberpis said the bombings probably were not meant as a diversion from another's trouble at home, as in the movie "Wag the Dog."

"I would like to assume the intelligence was not gathered in the last two days. It takes more time to gather this stuff."

Lomberpis is a former intelligence officer for the U.S. Army.

He said bin Laden gave an interview weeks ago in which he intimated his organization, the World Islamic Front for Jihad Against Jews and Crusaders, would continue to target American interests all over the world.

"It will probably be necessary to do further strikes," Lomberpis said.

Residents and visitors offered differing views on the attacks.

"Hopefully (the attacks) will get (the country) off the Lewinsky (case)," Jean Fleming of Alton said. "Maybe we will focus on more important issues."

Anna Rodriguez, who lives in Ciudad Juarez, Mexico, said the United States is too quick to launch attacks against other countries.

"I don't think we should attack other countries. I think

there is a better way to fight terrorism," she said.

Rodriguez said the strikes will only prompt more attacks against other American sites

throughout the world.

"The American consul where I live is so tight with security I don't see how it can get any tighter. People can still get a

bomb," she said.

Former Carrollton resident Randal Baker, of Columbia, S.C., said the attacks were justified.

"If they're going to bomb us, we might as well do it back to them," he said.

He said terrorism acts against the United States have

been going on for a long time and the country didn't do anything about it.

"Now it's time we fought back. We can go to war."

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Today's Food

Today's Food on-line, www.yourjournal.com

Heart-y Bites

Markets hold bounty

See Page 2

Food & Nutrition

Wise Ways

The after-school crowd is hungry and thirsty, ready for a snack they can make themselves. INSIDE

Blue Ribbon Cook

Zucchini is a sweet winner in bars with coconut and almonds in the batter and a cream cheese frosting on top. INSIDE

Test Run

Garlic is a top-favorite "new" flavor popping up everywhere. Salad ingredients, seasonings and toppers head uses for this universally loved flavor. INSIDE

Micro Raves

Don't be afraid to microwave catfish to follow path of delicious, healthful eating with low-fat fish. INSIDE

Lively Taste

A touch of seasoning brightens salad dressing. For Southwestern Chopped Salad, stir 1/2 teaspoon chili powder with 1/2 cup oil and vinegar dressing. Use with fresh lettuce. Toss 6 cups torn lettuce, cut in chunks, with 6 ounces white mushrooms, quartered (about 3 cups); 2 medium tomatoes, chopped (about 1-1/2 cups); 1/2 cup shredded lettuce; drained oil; 1-1/3 cups cooked fresh corn; cooked; 1 cup cubed Monterey Jack cheese with jalapeno, and 1/2 cup sliced, pitted black olives. Toss gently and serve.

Health & Fitness

Medicine Chest

The public hears more about pharmacy drugs, thanks to broader permission for companies to tell about them. INSIDE

Fresh Picks

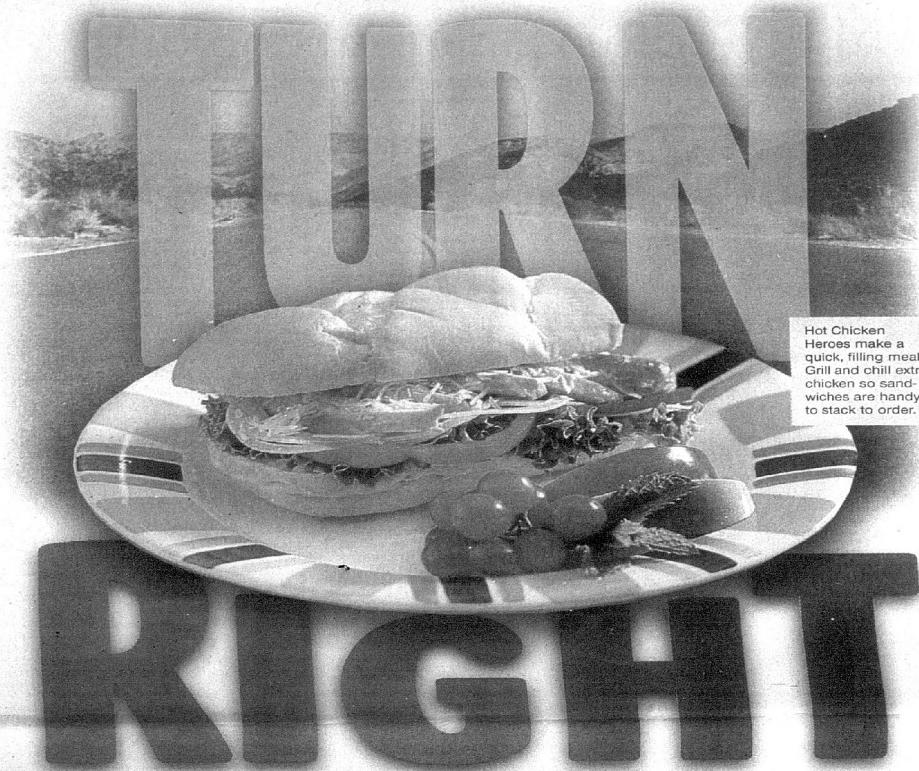
Make a cool bean salad for a main dish at lunch or side dish for dinner. In a large bowl, combine 1 cup canned garbanzo beans, rinsed and drained, with 1 cup cubed cucumber, 2 cups cubed tomato, 1 cup cubed sweet onion, 2 tablespoons finely chopped bell pepper and 1 tablespoon finely chopped flat parsley. Toss with 1 tablespoon extra-virgin olive oil, 2 tablespoons red wine vinegar, salt and freshly ground pepper to taste. Let stand 1 hour before serving. The salad can be refrigerated, covered, a few hours.

Big Fat Tip

For a colorful dessert, start by toasting 4 frozen waffles and placing each on a serving plate. Spoon 1/2 cup berry mixture — a total of 2 cups fresh strawberries, blueberries and raspberries gently tossed with 1/4 cup seedless ice wine — over each of fruit. Top each with 1 scoop vanilla or strawberry nonfat frozen yogurt, another tablespoon of strawberry topping and a dollop of nonfat whipped topping. Garnish with a whole strawberry.

Future Shop

In Italy, "macedonie" is a fruit salad. Usually, lemon, grapefruit or orange juice flavor it, along with berries, raspberries, blackberries and melon — all at the same temperature — should be added at the last minute. White or rose wine also can normally be used. So can a red wine, but it's normally limited to those in which strawberries dominate. The softer and riper the fruit, the better it is to cut the fruit in relatively large pieces so they do not disintegrate when all varieties are mixed. To serve, for decorative, place the glass bowl in another glass bowl of crushed ice. For Italian presentation, serve it alone last at a meal.



Hot Chicken
Heroes make a
quick, filling meal.
Grill and chill extra
chicken so sandwiches
are handy to stack to order.

A few out-of-the-ordinary touches still act like the tried-and-true sprig of parsley or cherry tomato accenting simple salads. Pep up pasta and omelets with flavor families. Indulge in fresh basil, oregano and rosemary. Add cilantro leaves

See RIGHT, Inside TODAY'S FOOD Page 2

Relish roads that lead home

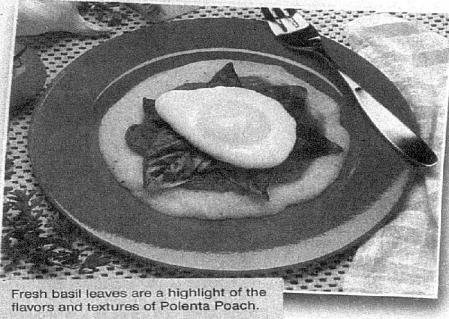
By Janice Denham
Staff writer

Where did life's paths lead this summer? Was it to the western prairie to eat from a chuck wagon or on the Pacific shores for a taste of salmon? Was it down the highway in Texas with big, icy, refreshing drinks or did it include a vendor's hot dog amid reporters tuned in to the White House? Maybe they passed through a barbecue patch in Michigan or the perfume gardens of Illinois, California or West Virginia.

Wherever the spot blippened on the screen of your personal history, the end of summer is a good signal: It is time to head back home.

It involves more than the car making a U-turn. It requires the body getting back in tune with home-style cooking. Pot roasts and apple pie await autumn weather, but salads and other dishes with flavors that identify the cook are still part of the homely menu.

People who have been away there instead of rice salad, grilled chicken instead of portobella mushrooms or a quick dinner of fish sticks and macaroni and cheese. This will mean it's time to plan the last picnic of the season and start to remember what makes a household flow when everyone is together.



Fresh basil leaves are a highlight of the flavors and textures of Polenta Poach.

Mitch Linhardt illustration

Let the Games Begin

Light the Olympic marshmallow torch (the grill) and plan to start the games for s'mores. Follow the lead of Ligonier, Ind., the "marshmallow capital of the world," which annually celebrates a hallowed "mallow festival" on Labor Day. Like other towns and counties that pay homage at harvest time, the Noble County site honors its favorite "crop": Jet-Puffed marshmallows, produced by the millions by Favorite Brands throughout the seasons.

Here are events to liven up the celebration:

- **Marshmallow Javelin Throw:** Load as many marshmallows as possible onto a stick gathered from the back yard to see who can throw the "mallow shish kabob farthest."
- **Marshmallow Discus:** See how far a kid can throw a bag of marshmallows.
- **Marshmallow Obstacle Course:** Use tires, ropes or whatever is handy to create a course. Participants wind through it with a spoon holding a marshmallow in each hand, hoping to make it to the end without dropping it.
- **Marshmallow Long Jump:** Jump an amazing distance into a wading pool filled with marshmallows for a gooey finish.
- **Marshmallow Truffles:** This is a ready or do-it-yourself snack. On a tray, freeze individual marshmallows (firm, but not brittle) overnight. Melt down 1 package (12 oz.) semisweet chocolate chips on high power 2 to 2-1/2 minutes or until smooth when stirred. Dip the marshmallows into melted chocolate, turning until coated. Roll in pecans, sprinkles or crispy rice cereal. Place on waxed paper-lined tray. Refrigerate or place in a cool, dry place to set.

Kids' Cuisine

Today's Food

Test for garlic involves foods of many colors



Garlic is on the stylish list, seasoning everything from salad to bagels. A variety of garlic-flavored foods were tested this week.

The history of garlic is as multi-hued as its uses today, which continue to play to an ever-expanding fan club.

TEST RUN To try some of the uses, Journal tasters looked to several sections of the supermarket: garlic-croutons, creamy salad dressing and light cream cheese in roasted garlic flavors, and a new garlic juice spray.

Kraft "Philly" light cream cheese (about \$1.39 for 8 ounces at most markets) was a big hit on bagels.

"The garlic cream cheese was great," a usually skeptical taster said, while another thought they were exceptionally spread on onion bagels.

Another liked its uniqueness.

"I love that roasted garlic cream cheese. It has a light, not overpowering, taste that is a great zesty change from regular cream cheese," she said.

Several appreciated it being composed "light-ly" with 5 grams per 2-tablespoon serving.

The unique product on the test was garlic juice spray. An 8-ounce pump bottle, available in the produce department at Schnucks Markets for \$4.99, can be sprayed directly on salad, potatoes, meat or bread just before serving or mixed into pasta sauce.

It is supposed to be shaken a little before using, but it did not need refrigeration and keeps indefinitely if it is kept chilled. Its reviews were very favorable.

Testers called garlic bread "a snap" to make.

"I always hate the job of making it and feel it turns out okay, but why make it really flavorful? This turned into an easy job. I used spray margarine and spray garlic and could get the flavor as intense as I wanted," a tester said.

Another said, contrary to flavors that don't impress, the biggest challenge is not overdoing it, because "it adds tremendous garlic taste."

"I really like garlic, but even I had to admit that more than just a quick spray on a plate of pasta was borderline too much. My advice is to use with caution if you want to kiss your date later in the evening," he said.

He was impressed with it as he tried it several ways — directly on a plate of spaghetti, stirred into commercial sauce, stirred into homemade

meat sauce (which he gauged perfectly the first time) and sprayed atop a loaf of Italian bread split down the middle, topped with mozzarella cheese and toasted in the oven.

Another tester had equally good results on several versions of potatoes, including baked fries, grated and mashed.

Salad was the other place testers enjoyed garlic flavors.

Each Kraft "special collection" salad dressing includes a creamy roasted garlic dressing (99 cents for an 8-ounce plastic bottle at Shop 'N Save).

One tasted liked its flavor well enough to plan to buy it again.

"Nice and creamy, it has good consistency, so it tossed onto lettuce and croutons easily and stuck," she said.

She also liked the small bottle, "so the dressing won't get old before we would eat it completely." She doesn't like lower-fat dressings, so she didn't mind the 17 grams fat in a 2-tablespoon serving.

"Go for it! What the heck, you're already eating rabbit food," she said.

Each of a trio of condiments — Rotherbury Farms butter garlic, Fresh Gourmet cheese and garlic and Mrs. Cubbison's fat-free zesty garlic — rated high marks by individual preference.

In the resealable bag, Rotherbury Farms croutons, it was noted, had more small pieces which were more manageable to eat.

A couple tasters voted for the Fresh Gourmet croutons as their favorite, "good enough to eat straight from the box," one said.

"The buttery ones had a flavor that kicked in slowly, while the cheesy ones were more in-your-face with flavor. I agree with another tester that neither tasted very buttery or very cheesy, but the added garlic made them special. I use the fat-free ones a lot at home and like their uniqueness, too," another commented.

All the croutons rated exceptional complements to salad with creamy garlic dressing.

Another tester, who likes strong flavors, wished the garlic was more prominent and croutons could be made more like homemade — she compared the possibility to soft-yet-crisp cookies — with a softer core.

Catfish caught in swim grow with careful cooking

By Kathy Hanewinkel
Correspondent

While eating fish is a tremendously popular pursuit, sometimes catfish still are viewed with a questionable eye.

MICRO RAVES

The old view sees catfish as a fishy-tasting pariah that swims along in murky water, eating from the mucky bottom. In fact, today's farm-raised catfish is fed a specific diet to make its flesh tender, juicy and lean. Fish — catfish or any other variety — that smells or tastes unpleasantly fishy is old or has been handled improperly.

Fish, in general, is very lean. While a lot of people like to fry catfish, many cooks want to capitalize on its healthy design, so they can turn to the microwave oven for cooking it.

When buying fish, smell it for freshness and ask the person who is selling it for delivery. The fresher, the better. Many stores have same-day delivery of fresh fish and gladly tell which days of the week this occurs. It is best to cook it within 48 hours of purchase. If this is not possible, freeze it.

It is easy to cook and microwave. It cooks as it heats, so when it is hot, it should be done. Although it is a high-protein food, the protein does not toughen as much as many other high-protein foods; so lower heat and power levels are not always required. Like with other cooking methods, a cook can use the "Canadian method of fish cookery" to time it.

With this method, the fish — whole, fillet or steak — is measured out at its thickest point. Every inch of thickness requires 10

minutes of cooking time, so fish $\frac{1}{2}$ -inch at its thickest point cooks in five minutes. Doneness is judged by its flakiness and appearance after cooking.

Prepare fish like any food to be microwaved. Shield any parts that stick out or up with small pieces of aluminum foil. If cooking more than one piece, arrange them in a circular or wheel pattern with meatiest areas toward the outside. Cover them with waxed paper for cooking. Rearrange and turn over before it is done. Keep a close eye on the fish because it cooks quickly, very quickly.

It should be flaky when it is heated through and done. Home economist Kathy Hanewinkel specializes in microwave cooking.

CREAMY CATFISH DIJON

1 cup heavy cream (see Note)
1 tbsp. Dijon mustard
1/2 cup freshly ground black or white pepper
4 (1 lb.) catfish fillets
1 tbsp. lemon juice
Chopped fresh parsley
Hot cooked rice

In baking dish, combine cream, mustard, pepper and fish. Cook on high power 3 to 5 minutes until sauce is boiling.

On medium-high (70 percent) power, continue to cook 7 to 8 minutes until thickened.

Stir in lemon juice.

Microwave on high power 3 to 5 minutes until sauce is reduced and thickened.

Pour sauce over fish.

Garnish with parsley. Serve with rice.

Makes 4 servings.

Note: Half white wine can be used in place of cream or substitute low-fat milk.

Right

Continued from page 1.
to Mexican dishes and dips. Replace worn-out olive oil with a fresh bottle or try one with a seductive flavor.

Scramble fresh vegetables and a little, neutral-tasting (fat) cream cheese with the eggs or add a touch of curry Dijon mustard or capers. Do not overcook vegetables so their crunch snaps through.

Add zip to any sauce with a little barbecue, cocktail, sweet-and-sour, soy or Worcester sauce. For tamale, lemon or lime juice, plain or fancy vinegar or mustard, sour cream or plain yogurt.

Of course, when everyone is home at the same time, food shopping and preparation increases, so fill the pantry and

refrigerator gradually and ask that everyone help — from setting the table to organizing condiments, from gathering salad ingredients to putting breads from shopping to cooking.

Stock up on salsa, spaghetti and pizza sauce, canned fruits and vegetables, chicken and vegetable broth, salad dressings and fresh onions and garlic for the pantry.

Pack a casserole with mini carrots, bell pepper, broccoli, peaches, grapes and other fruits and vegetables the family prefers. Cheese and eggs are easy favorites to keep on hand.

Forgotten what pleases everyone? Let everyone add to a family list of

POLENTA POACH

1 cup instant polenta
1/4 cup grated parmesan and/or romano cheese
4 cups plus additional water
1 tsp. Italian seasoning, crushed; or 1/2 tsp. each fresh or scant 1/4 tsp. dried rosemary, marjoram, thyme, sage, oregano and basil
1/2 tsp. garlic salt
1/2 to 3/4 cup spaghetti sauce, (basil flavored preferred), heated
4 eggs
16 to 24 fresh leaves basil

In small bowl, stir together polenta and cheese until well combined.

In medium saucepan, heat 4 cups water, seasoning and garlic salt until boiling.

Reduce heat. Gradually stir

in polenta mixture. Cook and stir about 5 minutes until mixture is thick and water is absorbed. Remove from heat.

In medium saucepan, bring to 3 inches water to boiling. Reduce heat to keep water gently simmering.

Break cold eggs, one at a time, into custard cup or shallow dish and gently slide into water. Hold dipping disk close to water's surface, slip eggs individually into water. Cook 3 to 5 minutes until whites are completely set and yolks are thick but not hard.

Using slotted spoon, lift out eggs. Drain in spoon or on paper towels. Trim any rough edges, if desired.

To serve, spoon 3/4 cup polenta into each custard cup, spoon 2 to 3 tablespoons hot spaghetti sauce on top, arrange 4 to 6 basil leaves on sauce and top with poached egg.

Makes 4 servings.

Walk to farmer's market for some natural goodness

By Terri Edelstein
Correspondent

A stroll through the farmer's market one August day reminds me why this is my favorite season.

HEART-Y BITES Rows of fuzzy, fragrant peaches sit alongside piles of juicy plums in every shade from pale yellow to almost black. Mounds of melons and baskets of berries draw me close to temptation.

As I choose a ripe melon, I don't think about its low calories, lack of fat and plentiful fiber, vitamins and minerals. Today my focus is on the juicy sweetness and vibrant color that awaits me.

Favorite desserts pop into my head as each fruit enters my sight.

Before long I'm loaded, aching with desire to my kitchen to concoct something sweet. I'll

make my husband's favorite peach crisp, a plum tart for neighbors, a shimmery berry gelatin for my young daughters and sorbets for me.

A diet of only dessert is attractive, but quickly can result in fat overload. To prevent this, I balance my diet with nutritious meals and remember tips for lowering the fat content of desserts:

• Use peach or plum puree in place of some or all the fat in cakes and muffins.

• Substitute light or fat-free cream cheese for regular cream cheese in fruit-topped cheesecake.

• Create a fabulous low-fat sundae with fat-free or low-fat ice cream or frozen yogurt topped with fruit and chocolate syrup.

• For a treat, spill berries over the edge of an angel food cake to funnel down the sides.

• Poach peaches or nectarines in sweet wine for a luscious ending to an elegant meal.

• Watch resistance fade by offering the simplest dessert, a bowl of ripe summer fruit served at room temperature to enhance its flavor and juiciness.

These dreams could go on forever. Instead, enjoy the market, then go home to enjoy Berries with Berry-Berry Sauce.

REGISTERED DIETITIAN Terri Edelstein is a former member of the nutrition committee of the American Heart Association, St. Louis Chapter.

BERRIES WITH BERRY-BERRY SAUCE

1 cup unsweetened fresh or frozen blackberries or blueberries, thawed if necessary

1 cup unsweetened fresh or frozen raspberries, thawed if necessary

1/4 cup fresh orange juice

3 tbsp. honey

3 cups strawberries, hulled

Fresh mint

In blender or food processor, puree blackberries and raspberries. Strain solids and seeds. Stir orange juice and honey into puree. Chill.

Divid strawberries among 4 bowls. Spoon 1/4 cup sauce in each. Pass remaining sauce for individual servings.

Makes 4 servings: 123 calories, 1 g protein, 30 g carbohydrate, no fat or cholesterol and 2 mg sodium each.

which some family members march may have a different taste, so a good listener can make the coming together easier. Pizza and pasta taste delicious to some people in the morning, while omelets and cereal make perfect midnight sense to others. Some people like anchovies, while others savor the crunch of barbecued grasshoppers.

to package directions. Gently line four (10-ounce) custard cups with tortillas, avoiding tearing.

Drain corn, reserving liquid. Add milk to liquid to make 3/4 cup.

In medium bowl, beat together eggs, milk mixture and pepper sauce. Stir in corn, bell pepper and onion. Spoon about 2/3 cup mixture into each tortilla-lined cup. Place in a preheated oven 50 to 55 minutes until knife inserted near center comes out clean. Serve with salsa. Makes 4 servings.

INDIVIDUAL CORN QUICHES

4 (7 inch) flour tortillas
1 can (8 1/2 oz.) kernel corn
Skin or low-fat milk
4 eggs
2 to 3 tsp. pepper sauce
3/4 cup chopped green or red bell pepper
1/2 cup chopped green onion with tops
Salsa or taco sauce, if desired

Preheat oven to 350°. Soften tortillas according

HOT CHICKEN HEROES

1 1/2 lb. boneless, skinless chicken breast

1 cup plus additional salad dressing — Caesar, ranch or Italian

1 pkg. (16 oz.) ready-to-bake French bread

Lettuce leaves

1/2 red bell pepper, sliced

1/2 sweet onion, sliced

1/2 cup grated parmesan or romano cheese

Preheat oven to 400°. Marinate chicken in 1 cup

salad dressing, covered, in refrigerator 30 minutes.

On ungreased baking sheet, bake 10 minutes or until golden brown.

Chop chicken meat to broil or preheat grill.

Drain and discard marinade from chicken.

Broil or grill chicken until done, turning as necessary.

When cool, cut in strips.

To assemble sandwiches, split bread lengthwise, but not all the way through.

Brush cut sides with more dressing. Fill each with lettuce, chicken, red pepper, onion and cheese. Cut each sandwich in half.

Makes 4 servings.

Blends that
By Carol S... Correspondent

It's that again when we resume.

WISE W...

never change kids hit the school. They say is, "I can eat?" straight to or cupboard or are OK to not there. to keep on mini carrots, apples, bananas, pr...

Sometimes their parents they need fancier or juice to that snack shaker jar recipe.

For children blenders they can safely with supervision children combination J... Kids love and often first in a drink before liking the

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It's time end-of-the-table packed flavors.

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Today's Food

Blend after-school treat that refreshes spirit easily

By Carol Schlitt
Correspondent

It's that time of year again when school routines resume.

WISE WAYS One ritual that never changes occurs when kids hit the door after school. The first thing they say is, "I'm starving! What can I eat?" They head straight to the refrigerator or cupboard and stand there searching its ingredients. They do not close the door until they find something to fill their tummies.

Kids who have a designated "snack spot" in the refrigerator or cupboard know what foods are OK to eat when mom is not there. Nutritious snacks keep on hand include mini carrots, grapes, apples, bananas, low-fat crackers, animal crackers, bagels, pretzels, string cheese and low-fat yogurt.

Sometimes kids — and their parents, too — feel they need something a little fancier than a glass of milk or juice to go along with that snack. Blender or shaker jar drinks fulfill this requirement easily.

For children over 10, the blender can be an appliance they can be taught to use safely without parental supervision. For younger children, drink combinations can be concocted using a shaker jar with a tight-fitting lid.

Kids love creating drinks and often try something first in a milkshake-type drink before trying or even liking the individual

components. For example, my youngest son loves peach yogurt smoothies, but until this year didn't care for plain peaches.

So child can whip up a nutritious drink, keep on hand low-fat plain yogurt or cottage cheese; fresh, frozen or canned fruits and fruit juices; and fluid or powdered skim milk.

While many children and adults may not care for the taste of milk made from powdered skim milk, once it is blended with other ingredients, the objectionable taste is masked.

Certified family and consumer scientist Carol Schlitt is nutrition and wellness educator with the University of Illinois Extension Center.

ORANGE JULIA

1 tsp. vanilla
1/2 cup water
1/3 cup orange juice concentrate
1/2 cup nonfat dry milk
1 tbsp. sugar
1 cup ice (for shaker drink, use crushed ice)

Put vanilla and water in blender or shaker jar with tight-fitting lid. Add juice concentrate and dry milk. Blend or shake.

Add sugar, then slowly add water, cube by cube, time, or crushed ice all at once. Turn off blender after whizzing each cube of ice. Whirl or shake mixture until blended well. Serve immediately.

Betty Ann Guenther, Florissant, is the winner of this week's recipe contest for Zucchini Squares. The prize is dinner certificates from the Pasta House Co.

BLUE RIBBON COOK This recipe makes a large number of squares. They stay moist, yet have flavorful, nutty crunch. They are sweet, but the cream cheese topping gives them a tang too. It is a good way to use extra zucchini or plant it into summer dessert fare.

Recipes for the Fruity Salad or Dessert Recipe Contest are due Aug. 31. A winner will be rewarded each Wednesday during September so readers of Today's Food have an opportunity to win one of five times.

A single household can submit a single recipe for any kind of salad or dessert with fruit as a major component to: Fruity Salad or Dessert Recipe Contest, Suburban Journals, 1714 Deer Tracks Trail, St. Louis, Mo. 63131. The fruit used in the recipe should be available in September.

As usual, if there is a history to the recipe, it will be considered part of the entry. Along with taste and eye appeal, it will form the basis for selecting winners.

Originality will be considered, although the recipe need not be original. If possible, name the recipe's source. Include the name of the Journal you receive.

Winners are notified by mail. Duplicate entries will

be considered on the basis of earlier entry or best compliance with the rules.

ZUCCHINI SQUARES

3/4 cup (1 1/2 sticks) butter or margarine, softened
1 cup brown sugar
1/4 cup granulated sugar
2 eggs
1 1/2 tsp. vanilla
1 1/4 cups flour
2 tsp. baking powder
2 cups grated zucchini
1 cup shredded coconut
1 cup chopped almonds
Spicy Frosting

Preheat oven to 350°. Grease and flour 15-by-10-inch jelly-roll pan.

In medium bowl, beat butter and sugars until light and fluffy. Beat in eggs, one at a time, then vanilla.

Stir flour and baking powder into butter mixture. Stir in zucchini, coconut and almonds.

Spread batter evenly in prepared pan. Bake in preheated oven 30 minutes. Cool completely.

Frost with Spicy Frosting. Cut into 2-inch squares. Store in refrigerator.

Spicy Frosting: Using electric mixer, beat together confectioner's sugar, 1/4 cup cream cheese, 2 tablespoons milk, 1/4 teaspoon nutmeg and 1/2 teaspoon allspice until light and smooth.

Makes 30 squares.

Tide of advertising by drug companies rises to form swell

By Rebecca Coley
Correspondent

With the pharmaceutical industry's new, limited permission to provide product information to consumers, prescription drug ads are found all over television, magazines and other media.

MEDICINE CHEST For a long time, there was a moratorium on advertising prescription drugs to the public. Now the Food and Drug Administration allows the drug industry leeway in getting information to consumers.

Some advertisements actually mention the product name. These ads also provide information that constitutes fair balance, which could then require consumers be offered information about benefits, as well as risks, of a certain medication.

This information may appear on the back of a printed ad.

Typically, this is a package insert or labeling approved by the FDA.

Some advertisements tell only that the product is a new medication to treat a specific ailment, like asthma or high cholesterol, and a doctor should be asked about it.

With any advertisement, it is important to read the fine

Some advertisements actually mention the product name.

print and to ask as many questions as possible.

Beyond what the drug industry says is the availability of prescription drug information, available to anyone, on the Internet.

The FDA struggles with the quality of information found on the Internet, because it is uncensored.

The industry knows a consumer confronting a physician or a pharmacist with prescription drug knowledge is a powerful tool in its favor.

It is important that any information received is truly knowledge. That happens only with proper discussion between you, your pharmacist and your physician.

Registered pharmacist Rebecca Coley is a board member of the Saint Louis College of Pharmacy Alumni Association. Questions for her to answer in "Medicine Chest" can be e-mailed to her at rcoley@htsmail.com or sent

to: Medicine Chest, Suburban Journals, 1714 Deer Tracks Trail, St. Louis, Mo. 63131.

Cook up a little storm to stretch fun of August

It's time to roll into the end-of-summer '98 fun. Set the table with dishes packed with delightful flavors.

Imaginative flavors play with familiar foods in this meal.

Marinate pork chops in orange juice, garlic, cumin and olive oil before grilling.

Serve them alongside an updated version of Waldorf salad with only apples and

grapes that look familiar. Fennel, Dijon mustard, blue cheese and hazelnuts give it style only found in someone's dream meal.

GARLIC-AND-ORANGE GRILLED PORK CHOPS

4 pork chops (boneless or bone-in), about 1 1/4 inches thick
1/2 cup orange juice

2 tbsp. olive oil
2 cloves garlic, crushed
2 tsp. ground cumin
1/4 tsp. coarsely ground pepper

Place chops in large resealable plastic bag. In small bowl, combine orange juice, oil, garlic, cumin and pepper. Pour over chops. Seal bag. Refrigerate 4 to 24 hours.

Drain and discard marinade. Grill chops over medium-hot coals a total of 12 to 15 minutes, turning to brown evenly.

Serve chops immediately.

Makes 4 servings; 280 calories, 39 g protein, 12 g fat, 75 mg sodium and 105 mg cholesterol each.

ALL-NEW WALDORF SALAD

tops for garnish
In medium bowl, toss apple with lemon juice. Toss again with grapes and sliced fennel.
In small bowl, stir together oil, vinegar, mustard, salt and pepper. Toss well with apple mixture.
Divide between 4 salad plates. Top with walnuts, blue cheese and fennel tops.
To toast nuts: On shallow baking pan, toast hazelnuts in 350° oven 8 to 10 minutes until richly brown.

Makes 4 servings; 210 calories, 3 g protein, 13 g fat, 410 mg sodium, 5 mg cholesterol, 24 g carbohydrate and 4 g dietary fiber each.

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SAT 8AM-6PM
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5 lbs. CENTER CUT PORK CHOPS \$8.95 Average \$2.18 per pound

4 lbs. T-BONE OR RIB EYE STEAKS
5 lbs. BONED SIRLOIN ROAST
6 lbs. CENTER CUT PORK STEAKS
10 lbs. GROUND CHICKEN
5 lbs. BEEF
3 lbs. LAMB SAUSAGE
2 lbs. BACON
6 lbs. FRYERS

Can we have a heart to heart?

Come to Men's Heart Check Day and find out how healthy your heart really is.

Heart disease, surprisingly, is one of the leading causes of death among men. In fact, every two minutes one man dies of heart disease.

Fortunately, there is something you can do to guard yourself against heart disease — prevention through early detection. That's why, as a special community service, Memorial will hold a Men's Heart Check Day. For just \$35, you will receive a complete heart screening to help you identify your coronary risk factors.

DATE, TIME, PLACE:
Saturday, September 12, 1998
7:30 to 11:30 a.m.
Memorial's Outpatient Surgery Center



The screening includes:
• A complete lipid profile total blood cholesterol, LDL and HDL cholesterol, triglyceride level and a coronary risk report (12-hour fast required)
• Diabetes Test
• Blood pressure
• Height/Weight
• Baseline EKG

FEE: \$35.00

INFORMATION:
Pre-registration is required. Reservations can be made by calling Memorial's Community Relations Department at (618) 257-5649.

MEMORIAL HOSPITAL
4500 Memorial Drive
Belleville, Illinois 62226

Today's Food

Recipe

Recipe

ORANGE ROUGHY WITH LIME SAUCE

- 1 orange roughy fillet (8 oz.), cut in half crosswise
- 1 tbsp. margarine or butter
- 1 tbsp. lime juice
- 1 tsp. grated lime peel
- $\frac{1}{4}$ tsp. ground cumin

In small bowl, microwave margarine, covered, with plastic wrap on high power 45 seconds to 1 minute until melted. Stir in lime juice and peel and cumin.

Place fish in 8-inch square baking dish. Pour lime mixture over fish. Cover with wrap. Microwave on high power 4 to 6 minutes until fish flakes easily with fork, rearranging once.

Makes 2 servings; 196
calories, 17 g protein, 1 g
carbohydrate, 14 g fat, 23 mg
cholesterol and 139 mg

STEAK AND MUSHROOMS WITH VEGETABLES

1½ lb. flank steak
1 lb. small mushrooms
(about 6 cups)
1 lb. zucchini, halved
lengthwise, then cut in
1½ inch pieces (about 2
cups)
2 medium onions, cut in
wedges (about 2 cups)
1 large red bell pepper, cut
in 2 inch pieces (about 1½
cups)
¾ cup vinegar and oil salad
dressing (balsamic
vinegar preferable)

Using fork, pierce steak. Arrange steak, mushrooms, zucchini, onion and red pepper in 9-by-13-inch baking dish. Toss with dressing until well coated. Let stand at room temperature, covered, 20 minutes.

Place meat on grill. Grill or broil about 5 minutes on each side for medium doneness.

Cut steak diagonally across grain in thin slices. Reserve 1 cup sliced steak and 2 cups grilled vegetables for Grilled Vegetable Pizza. Makes 4 servings.

Grilled Vegetable Pizza: Sprinkle with shredded Monterey Jack cheese with jalapeno peppers over 1 partially-baked pizza crust. Cut steak in 1-inch pieces. Top crust with steak and vegetables. Sprinkle with another ½ cup cheese. Bake in preheated 450° oven or on pan in covered grill about 10 minutes until pizza is hot and cheese melts. Makes 4 servings.

BUD • BUDLIGHT  COLD 12 PACK CANS 6.99	OLD MILWAUKEE OR STAG   69¢ <small>24 OZ.</small>	KEYSTONE DRY • LIGHT • ICE  \$3.99 <small>12 PACK CANS</small>
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A black and white photograph showing a box of "JACK DANIEL'S COUNTRY COCKTAILS COLD 4 PACK" on the left and a bottle of "BARTLES & JAYMES BLUEBERRY AVIATION" on the right. The box has a dark label with the brand name in white. The bottle has a similar label with the product name in white.

RED WINE MARINADE

**1/3 cup red wine vinegar
2 tbsp. oil
1 tbsp. Dijon mustard**

**2 cloves garlic, minced
3/4 tsp. Italian seasoning
1/4 tsp. coarse-grind black pepper**

Stir together vinegar, oil,

mustard, garlic, seasoning and pepper until well blended. Use with meat or seafood of choice.

Makes about $\frac{1}{2}$ cup

FAMILY PAK PORK CHOPS.....	\$ 1 99 LB.
FRYER DRUMSTICKS ...	89¢ LB.
FAMILY PAK GROUND BEEF	99 \$ LB.
LEAN CUBE STEAK.....	\$ 1 99 LB.
PORK NECK BONES..	39¢ LB.
BRYAN JUMBO FRANKS	\$ 1 49 LB.
OSCAR MEYER BOLOGNA	\$ 1 29 LB.
FAMILY PAK BRATWURST..	\$ 1 89 LB.

**Hyde Park \$1.59
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STEAK**

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This Weeks Price Breakers

RAINBOW SUGAR.....	4 LB. BAG	79¢	WITH 1 BOOK	BETTY CROCKER CAKE MIX	16-25 OZ. BOX	49¢
CAMPBELLS CHICKEN NOODLE OR TOMATO SOUP ...	16-25 OZ. CAN	15¢		PRAIRIE FARMS MILK 1/2 GAL.....		59¢
PRODUCE						
RED SEEDLESS GRAPES.....		99¢		MINUTE MAID ORANGE JUICE	44 OZ. CARTON	\$1 89
NO. 1 RED POTATOES.....	10 LB. BAG	\$1 49		SHEDDS COUNTRY CROCK	1 LB. BOWL	\$1 59
DOLE CLASSIC SALAD MIX.....	16 OZ. BAG	\$1 29		RESETTO TOASTED OR REG. RAVIOLI	15 OZ. BAG	2/\$5



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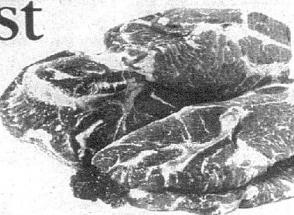
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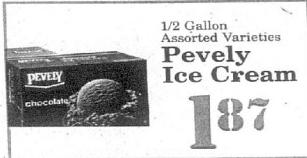
32 oz.
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Limit 2 with addi-
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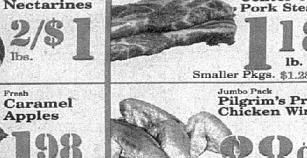
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Quarters
Watermelon
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lb.**



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each**



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Apples
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4 pack**



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Assorted Varieties
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Assorted Varieties
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69¢**



9 oz.
Assorted Varieties
**Cool Whip
Topping
99¢**



24 oz. Assorted Varieties
**Peebles
Cottage
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Style Biscuits or
English Muffins
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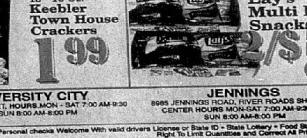
8 - 21 oz. Assorted Varieties
**Stouffers
Entrees
Red Box
20%
OFF**



8 oz. Assorted Varieties
**Best Choice
Shredded
Cheese
1 39**



12 pack
**North Star
Patriot Pops
2/\$3**



6 oz. Original or
1/3 Less Fat
**Kraft Philadelphia
Cream Cheese
99¢**



10 oz. Hot Dog,
Sweet, or Dill
Best Choice
Relish
69¢



12 - 16 Oz.
**Keebler
Town House
Crackers
1 99**

UNIVERSITY CITY
8020 OLIVE STREET, HOURS MON-SAT 7:00 AM-9:00 PM
PA, SUN 8:00 AM-4:00 PM

18 Count
**Lay's Multi Pack
Snacks
2 21
2/\$5**

JENNINGS
9900 JENNINGS AVENUE, HOURS MON-SAT 8:00 AM-9:00 PM
PA, SUN 8:00 AM-9:00 PM

20 Oz. NEW
Good Earth
Potato Bread
99¢

MADISON
1127 MADISON AVENUE, HOURS MON-SAT 8:00 AM-9:00 PM
PA, SUN 8:00 AM-7:00 PM

16 oz. Assorted Varieties
**Best Choice
Salad Dressing
1 49**

HIGH RIDGE
2715 HIGH RIDGE BLVD & HWY 30, HOURS MON-SAT
7:00 AM-9:00 PM, SUN 8:00 AM-8:00 PM

175 Count
**Kleenex Facial
Tissue
89¢**

Prices Effective 8-26-96 thru 9-1-96
Wed Thur Fri Sat Sun Mon Tue
26 27 28 29 30 31

11 - 12 Oz.
**Keebler
Vanilla
Wafers
2/\$4.95**

WEEKEND
SAVINGS
WITH A BOOK
EN
I
59
\$5

4 lb.
**Purina
Kibbles & Chunks
2 99**

8 oz. Yellow or White
**Best Choice
Popcorn
99¢**

32 Oz. Complete or
Buttermilk Complete
Best Choice
Pancake Mix
1 19

8.5 Oz. Assorted Varieties
**Keebler
Wheatables
Snack Crackers
1 79**

2 Litters Assorted Varieties
**7 UP, Dr Pepper,
or Sunny Delight
79¢**

12-12 Oz. cans
**Asorted Varieties
Coke
2 99**

32 Oz. Complete or
Buttermilk Complete
Best Choice
Pancake Mix
1 19

14 - 18.75 Oz.
General Mills
Cinnamon or
French Toast
Crunch
2/\$5

2 Litters Assorted Varieties
**7 UP, Dr Pepper,
or Sunny Delight
79¢**

12-12 Oz. cans
**Asorted Varieties
Coke
2 99**

</

Who Has Lower Prices And The Best Value In Town? You Be The Judge.

**Save \$63²² or 25% at Shop 'n Save!
ON THESE IDENTICAL ITEMS**

**THESE ARE
SHOP 'N SAVE'S
Everyday
Low Prices!**

COMPARE & SAVE!			
	Shop 'n Save	Schnucks	At Shop 'n Save
ORIGINAL Pringles Potato Crisps.....7-oz.	.99	1.59	.60
ORIGINAL Bugles Corn Snacks	1.39	1.99	.60
ORVILLE REDENBACHER Microwave Popcorn.....10.5-oz.	1.79	2.79	1.00
French's Fried Onions.....2.8-oz.	.99	1.49	.50
HEALTHY REQUEST Tomato Soup.....10.75-oz.	.57	.95	.38
Sliced, Dry Armour Beef.....2.25-oz.	1.49	1.99	.50
WITH BEANS Armour Chili.....15-oz.	.79	1.09	.30
TURKEY Franco American Gravy.....10.25-oz.	.50	1.09	.59
Hunt's Manwich Sauce.....15.5-oz.	.99	1.59	.60
Bush's Best Baked Beans.....28 oz.	.99	1.39	.40
ELBOW MACARONI Creamette99	2.09	1.10
ITALIAN SPAGHETTI Kraft Dinner.....8-oz.	.99	1.59	.60
WITH MUSHROOMS Del Monte Spaghetti Sauce79	1.09	.30
PLASTIC BOTTLE Motts Natural Apple Juice	1.99	2.69	.70
FRUIT Hawaiian Punch.....64-oz.	.99	1.99	1.00
CANISTER Sunsweet Pitted Prunes.....24-oz.	2.99	3.99	1.00
Green Giant Asparagus.....15-oz.	1.69	2.29	.60
APPLE CINNAMON Quaker Mini Rice Cakes	1.50	1.99	.49
BI PACK La Choy Chow Mein.....42-oz.	1.99	2.99	1.00
FAT FREE Old El Paso Refried Beans79	1.09	.30
AUTO Drip Folger's Coffee.....39-oz.	6.97	8.49	1.52
Lipton Tea Bags.....100-ct.	1.99	3.29	1.30
CHOPPED BEEF Alpo Dog Food50	.65	.15
LARGE Milk Bone Dog Biscuits.....4-lb.	2.99	4.19	1.20
BREAD & BUTTER Heifetz Pickle Slices.....32-oz.	1.99	2.99	1.00
FAT FREE Spin Blend	1.79	2.39	.60
SQUEEZE Heinz Ketchup.....64-oz.	3.39	4.59	1.20
COUNTRY KITCHEN Log Cabin Syrup.....24-oz.	2.16	2.89	.73

**\$188.30
AT SHOP 'N SAVE** **\$251.52
AT SCHNUCKS**

★ YOU SAVE \$63.22 OR 25% AT SHOP 'N SAVE ★

These items were purchased on August 24, 1998 at Schnucks in Des Peres at 8:30 a.m. Due to time required for ad processing, Schnucks prices may vary from date items were purchased to date of ad publication. These prices do not reflect Shop 'n Save's manufacturers' deal retails.

COMPARE & SAVE!			
	Shop 'n Save	Schnucks	At Shop 'n Save
Peter Pan Peanut Butter.....40-oz.	3.99	4.99	1.00
STRAWBERRY Smuckers Jam	2.59	3.39	.80
HONEY NUT General Mills Cheerios.....27-oz.	3.99	4.99	1.00
Clabber Girl Baking Powder.....10-oz.	.99	1.29	.30
Crisco Oil	4.99	7.19	2.20
LOW FAT, APPLE CINNAMON Martha White Muffin Mix.....7-oz.	.99	1.29	.30
C&H Pure Cane Sugar.....4-lb.	1.49	1.99	.50
REGULAR OR IODIZED Morton Salt25	.45	.20
Ultra Joy Dish Liquid99	1.59	.60
Comet Cleanser29	.69	.40
CARPET STAIN REMOVER Spot Shot	3.69	4.49	.80
Clorox Bleach.....128-oz.	1.07	1.49	.42
FIRE STRENGTH Liquid Plumr	4.99	6.19	1.20
Raid Yard Guard Spray.....16-oz.	4.99	6.69	1.70
ALUMINUM FOIL Reynold's Wrap87	1.09	.22
BUNDLE PACK Bounty Paper Towels.....8-roll	6.97	8.19	1.22
BB SQUEEZE, ULTRA Charmin Bath Tissue.....9-roll	4.77	5.79	1.02
REGULAR Always Thin Maxi Pads.....24-ct.	2.50	2.89	.39
PEARS Gerber Second Foods.....4-oz.	.43	.53	.10
READY TO FEED FORMULA Ross Alimentum	5.77	6.96	1.19
STEP 4 Huggies Ultra Trim Diapers.....27-ct.	6.79	7.99	1.20
SUGAR, HONEYMAID Nabisco Grahams	3.99	4.69	.70
Nabisco Oreo Cookies	2.99	3.59	.60
REDUCED FAT Keebler Club Crackers.....18-oz.	2.49	3.29	.80
KRAFT, FREE, SOFT Philadelphia Cream Cheese	1.78	2.15	.37
SCHNUCKS/SHOP 'N SAVE Orange Juice.....Gallon	1.99	3.99	2.00
Pillsbury Cinnamon Rolls	1.39	1.99	.60
Pillsbury Pizza Crust	1.59	2.29	.70

COMPARE & SAVE!			
	Shop 'n Save	Schnucks	At Shop 'n Save
Blue Bonnet Quarters.....1-lb.	.57	.89	.32
EGGO Cinnamon Toast Waffles	1.50	2.29	.79
CORN ON THE COB Green Giant Nibblers99	1.79	.80
Ore-Ida Crinkle Cuts	1.99	2.50	.51
CHICKEN Banquet Pot Pies50	.79	.29
Mrs. Smith's Apple Pie.....37-oz.	3.99	4.99	1.00
AA, ALKALINE Eveready Batteries.....4-pack	3.69	4.69	1.00
T-120 Fuji Video Tape	1.88	3.59	1.71
REGULAR White Rain Shampoo95	1.29	.34
Slimfast Jumpstart.....15-pack	8.97	11.49	2.52
Farmland Bacon	2.39	2.99	.60
LINKS Hunter Smoked Sausage	1.49	1.89	.40
ALL MEAT Hunter Wieners89	1.19	.30
JUMBO Farmland Deli Franks.....1-lb.	1.19	1.69	.50
SLICED Hunter Bologna	1.39	1.89	.50
COOKED Seitz Salami	1.49	1.99	.50
SCHNUCKS/SHOP 'N SAVE Pork Sausage.....1-lb.	1.79	2.39	.60
On-Cor Turkey & Gravy.....32-oz.	1.99	2.98	.99
FAMILY PACK Ground Chuck	1.99	2.39	.40
USDA CHOICE Boneless Sirloin Steak.....lb.	3.79	4.19	.40
USDA CHOICE Porterhouse Steaks	5.99	6.49	.50
FRESH Perdue Ground Turkey	1.99	2.49	.50
DELI DEPARTMENT Shaved Ham	3.99	5.79	1.80
Cabbage28	.50	.22
12-COUNT SIZE Cauliflower	1.48	1.99	.51
Green Beans98	1.49	.51
SALTED Peanuts	1.98	2.49	.51
Strawberries	1.58	2.99	1.41

We Discount All Pre-Priced Products Every Day!



ALL GREETING CARDS DISCOUNTED
20%
FROM MANUFACTURERS MARKED PRE-PRICE

ALL BOOKS & MAGAZINES DISCOUNTED
10%
FROM MANUFACTURERS MARKED PRE-PRICE

ALL PRE-PRICED BAG SNACKS DISCOUNTED
10%
FROM MANUFACTURERS MARKED PRE-PRICE

ALL ENTENMANN & HAAS ITEMS DISCOUNTED
10%
FROM MANUFACTURERS MARKED PRE-PRICE



08261A

Shop 'n Save TOTAL VALUE

Top Brand Names Priced Lower!

COMPARE FOR YOURSELF AND SAVE



CHICKEN NOODLE
Campbell's Soup

4/195

10.75-OZ.
PKG.



HEALTHY REQUEST OR REG.
Campbell's
V-8 Juice

2/295

48-OZ. CAN



ASSORTED VARIETIES
Prego Spaghetti
Sauce

3/395

27.75-80
OZ. JAR



SELECTED VARIETIES, MEATLESS
Franco American
Pasta

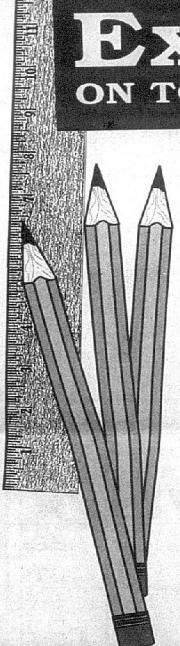
4/195

14.75-15
OZ. CAN

ASSORTED VARIETIES
Campbell's
V-8 Juice.....

2/495

64-OZ. BTL.



Extra Values ON TOP CAMPBELL'S PRODUCTS



FREE STUFF

FOR YOU
AND YOUR
SCHOOL!
with proofs of purchase

FOR YOUR SCHOOL:
100 Labels for
Education™ Bonus Points

FREE BACK-TO-SCHOOL
FUN PACK &
100 CAMPBELL'S
LABELS FOR
EDUCATION™
BONUS POINTS

PARTICIPATING PRODUCTS # OF LABELS
Campbell's® Condensed Soups
V-8® Vegetable Juices
V-8® Spaghetti
Prego® Spaghetti Sauces
Prego® Spaghetti Pesto
Total Labels 6

OFFICIAL MAIL-IN CERTIFICATE | EXPIRES 10/15/98

6 front panel labels (or more than 3 labels per brand) and original dated
cash register receipt (dated between 8/16/98 to 10/16/98) with purchase
prices circled, and \$1.50 for postage & handling.

FREE Back-To-School Fun Pack and 100 Labels for Education™ Bonus Points.
Labels for Education™ Bonus Points are redeemable for one front panel label per brand enclosed
(remember no more than 3 per brand).

Campbell's Labels for Education™
Back-To-School Fun Pack:
Dept. G
P.O. Box 4720
St. Cloud, MN 56398-4720

NAME _____
ADDRESS _____
CITY _____ STATE _____ ZIP _____

Offer good until 10/16/98 or while supplies last. Good only in U.S.A., Puerto Rico and U.S. military installations. Void where taxed, restricted or prohibited by law. Limit
one certificate per household. One certificate per store. One certificate per brand. One certificate per receipt. One certificate per transaction. One certificate per item. One certificate per
Labels for Education™ Bonus Points. Certificates are redeemable only by schools who are registered participants in the Labels for Education™ program.

Liquor Dept. Values



OUR LOW SALE PRICE \$5.99
Genuine Draft or
Miller Lite

4.99

15/12-OZ.
CANS



REGULAR OR LIGHT
Budweiser

6.37

12/12-OZ.
CANS



Natural
Light

3.97

12/12-OZ.
CANS

AFTER \$1.00 OFF MAIL-IN REBATE AVAILABLE IN-STORE
LIQUOR PRICES GOOD AT ILLINOIS STORES ONLY. SOME ITEMS NOT AVAILABLE AT ALL STORES

Busch or
Busch Light... **11.87**

12-OZ.
CANS

REGULAR, LIGHT OR ICE
Keystone..... **4.17**

12-OZ.
CANS

O'Doul's **5.99**

12-OZ.
CANS

REGULAR, LIGHT OR ICE
Old
Milwaukee..... **3.97**

12-OZ.
CANS

Milwaukee's
Best..... **6.97**

12-OZ.
CANS

SELECTED VARIETIES
St. James..... **4.79**

12-OZ.
CANS

Genuine Draft
or Miller Lite.. **5.77**

12-OZ.
CANS

Seagram's
7-Crown..... **12.77**

12-OZ.
CANS

Please Be
Responsible.
Don't Drink
& Drive

Coors or
Coors Light **10.47**

12-OZ.
CANS

08262B

Health & Beauty

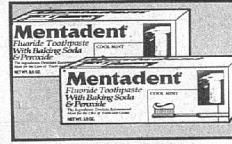


Style Aerosol
Hairspray

3/1.29

7-OZ.
CAN

WHILE SUPPLY LASTS



PUMP OR REFILL
Mentadent
Toothpaste

2/\$5

3.5-5.2 OZ.
PKG.

CLEAR GEL OR
CLEAR SOLID
Arrid XX..... **2/\$3**

Vaseline Intensive
Care Lotion..... **2.69**

SHAMPOO OR CONDITIONER
Salon Selectives..... **1.99**

Ponds Clear
Pore Strips..... **6.49**

12-OZ. EXTRA STRENGTH LIQUID,
75-CT. EXTRA STRENGTH
TABLETS, 12-OZ. REG.
STRENGTH TABLETS
Mazolx..... **2/\$7**

TABLETS, CAPLETS,
CAPSULES, SPONGE FREE
OR GELATS
Excedrin..... **1.89**

SHAMPOO, SPRUNCH OR
Aussie..... **2.99**

Q-Tips Swabs..... **2/\$3**

SHEER PLASTIC,
FLEX OR
Curad Bandages..... **99c**

Fuji T-120
Video Tape..... **2/\$3**

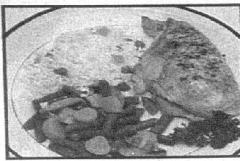
Vaseline
Intensive Care
Clear Pore
Moisturizer..... **1.89**

Maalox..... **1.89**

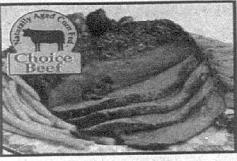
Aussie
Moisturizer..... **1.89**

Shop 'n Save

Quality And
Low Prices!



ALL NATURAL
Hudson Split
Chicken Breast
97¢
lb.
LIMIT 3-PKGS.



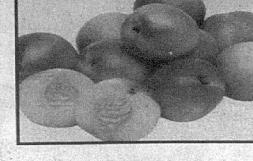
USDA CHOICE CORN FED BEEF
Boneless Bottom
Round Roast
1.37
lb.



Honeysuckle
Turkey Breast
89¢
lb.
LIMIT 1



FAMILY PACK
Boneless Pork
Sirloin Chops
1.99
lb.



California
Nectarines
68¢
lb.

USDA CHOICE CORN FED BEEF
Family Pack
Eye of Round
Steak.....
2.59
lb.

BONE IN
Cooks Shank
Portion Ham...
.89¢
lb.

LITTLE SIZZLERS
Hormel Pork
Sausage Links...
.99¢
lb.

Perdue Fresh
Ground Turkey...
1.79
lb.

SEAFOOD DEPARTMENT
FLASH FROZEN
Shell-on
Shrimp.....
5.99

ASSORTED VARIETIES
Budig
Sliced Meats
2.99

Louis Rich
Turkey Franks...
.99¢
lb.

TENDER, PATTIES OR CHUNKS
Tyson Boneless
Chicken.....
2/\$5
oz. per oz.

LIKE CRAB
Kanini
Crab Flakes.....
.299
lb.

SEAFOOD DEPARTMENT
FLASH FROZEN
Nile Perch
Fillets.....
.299
lb.

PEPPERONI OR DELUXE
Mama Rosa
Pizza.....
3.49
lb.

Hillshire Farm
Smoked Sausage
1.79
lb.

FAMILY PACK
Pork Cutlets.....
1.99
lb.

DELI DEPARTMENT
Patrick Cudahy
Honey Ham.....
3.99
lb.

DELI DEPARTMENT
ALL MEAT, GARLIC OR BEEF
Eckrich
Bologna.....
2.69

Hunter
Sliced Bacon.....
1.99
1-lb. PKG.

ALL MEAT
Hunter
Hot Dogs.....
79¢
lb.

COOKED SALAMI OR
Hunter Sliced
Bologna.....
1.29
1-lb. PKG.

COLE SLAW
MACARONI SALAD
AMERICAN OR MUSTARD
Potato Salad.....
99¢
lb.

BAKERY DEPARTMENT
Fresh Baked
Bagel Breads.....
1.49
EACH

Northwest
Bartlett Pears...
.78¢
lb.

6-COUNT SIZE
Sweet Ripe
Honeydew.....
1.48
EACH

FIRST OF THE SEASON
Jonathan
Apples.....
1.58
3-lb. BAG

BAKERY DEPARTMENT
BAKED DAILY
Twin
French Bread...
.99¢
24-CT. PKG.

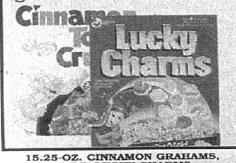
BAKERY DEPARTMENT
Candy Topped
Cookies.....
.399
24-CT. PKG.



12/12-OZ. CANS, SPRITE
Coca-Cola Classic
or Diet Coke
2/4.88
12/12-OZ.
CANS



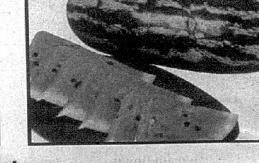
24-CAN CASE
Pepsi, Diet Pepsi
or Mountain Dew
4.88
24/12-OZ.
CANS



15.25-OZ. CINNAMON GRAHAMS,
14-OZ. LUCY CHARTER,
14-OZ. CINNAMON TOAST CRUNCH, OR
15.75 OZ. FRENCH TOAST CRUNCH
General Mills Cereal
2/\$4



CHICKEN NOODLE
Campbell's
Soup
4/1.95
10.75-OZ.
CAN



Red Ripe
Watermelons
2.98
EACH

NEW TO SHOP 'N SAVE
Mama Celeste
Pizza.....
2/8.99
28-OZ. 1
LB. PKG.

ASSORTED FLAVORS
PRAIRIE FARMS PREMIUM
Old Recipe
Ice Cream.....
2/4.88
HALF GALLON
BOTTLE

ASSORTED VARIETIES
Budget Gourmet
Entrees.....
4/\$5
9-11 OZ.
PKG.

ASSORTED VARIETIES
Michelina's or
Yu Sing Entrees
6/4.99
7.5-10
OZ. PKG.

ASSORTED VARIETIES
DOUBLE TOP OR
Tombstone
Pizza.....
2.795
50.00-50.05
OZ. PKG.

ASSORTED VARIETIES
Tony's Microwave
Pizza for One.....
2/\$3
6.5-7.5
OZ. PKG.

GREAT COMBINATIONS
OR ORIGINAL
Jack's Pizza...
4/8.95
12-32-OZ.
GE. PKG.

Prairie Farms
Flavored Drinks
99¢
GALLON

ASSORTED VARIETIES
PURE PREMIUM
Tropicana
Orange Juice...
3.88
8.5-10
OZ. PKG.

ASSORTED VARIETIES
Prego
Spaghetti Sauce
3/3.95
27.75-30
OZ. JAR

ASSORTED VARIETIES
Kool-Aid
Kool Bursts.....
99¢
6-PACK

ASSORTED VARIETIES
Seven Seas
Salad Dressing...
1.79
16-OZ. BTL.

Dole Peeled
Baby Carrots.....
1.88
2-LB. PKG.

Dole Special
Blends.....
2/\$3
oz. PKG.

FRESH
Green
Cabbage.....
.28¢
lb.

ASSORTED VARIETIES
Hellmann's
Dressing
3/4.95
16-OZ. BTL.

REG., LIGHT OR REDUCED FAT
Hellmann's
Mayonnaise
1.99
32-OZ. JAR

SQUEEZE
Hellmann's
Dijonaise Mustard
2/2.95
12-OZ.
BTL.

CREAMY OR CRUNCHY
ORIGINALLY REDUCED
SKIPPY Peanut Butter
2/2.95
18-OZ.
JAR

12-COUNT SIZE
California
Cantaloupes
.98¢
EACH

HAMBURGER OR HOT DOG
Shop 'n Save
Buns.....
.95¢
ct. PKG.

Kraft Handi
Snacks.....
3/\$4
NET WT.
PKG.

FUDGE SHOP CHIPS DELUXE OR
Keebler Soft
Batch Cookies...
2/4.95
10.5-11
OZ. PKG.

BARBECUE SAUCE
K.C.
Masterpiece...
2/2.95
16-17
OZ. PKG.

Sweet Yellow
Corn.....
1.58
5-PACK

SMALL CURD
Shop 'n Save
Cottage Cheese
1.19
11-OZ.
PKG.

MARUCHAN
Ramen Noodles
9.99¢
3-OZ. PKG.

RANCH STYLE
Baked Beans...
99¢
15.5-16
OZ. PKG.

Kingsford
Charcoal Briquets
4.99
16-OZ.
BAG

36-COUNT SIZE
California
Crisp Celery.....
.68¢
STALK

ASSORTED VARIETIES
Match Light
Charcoal Briquets
4.39
8-LB. BAG

SWEETENED OR TRADITIONAL
Ranch Style
Baked Beans...
99¢
15.5-16
OZ. PKG.

Match Light
Charcoal Briquets
4.39
8-LB. BAG

Match Light
Charcoal Briquets
4.39
8-LB. BAG

Try These Exotic Varieties!
NOT AVAILABLE AT ALL STORES

Fresh Bean
Sprouts.....
.78¢
lb.

Fresh
Ginger Root.....
2.98
lb.

Hydroponic
Boston Lettuce.....
1.28
lb.

ALL VARIETIES
Fresh Tofu.....
1.58
16-OZ. PKG.

Quail Mountain
Fresh Herbs.....
.98
1-OZ. PKG.

**TOTAL
VALUE**

S M T W T F S

26 27 28 29



FOR STORE LOCATIONS CALL (314) 984-0900

* PRICES GUARANTEED THRU AUG. 29, 1998 AT ALL ST. LOUIS METRO STORES ONLY
• DELI/BAKERY/SEAFOOD DEPARTMENTS NOT AVAILABLE AT ALL STORES
• WE RESERVE THE RIGHT TO LIMIT • NO SALES TO DEALERS

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Sports

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Rules check

Not many changes for this season but Althoff coach has ideas for the future

When I considered the rules changes for the 1998 high school football season, I realized how ignorant I am.

Until I spoke with Althoff coach Glenn Schott, I remained confused on such things as the definition of a legal pass reception on the prep level.

If you're like me, you'll watch numerous football games on the prep,

collegiate and professional levels and still need time to determine what's legal and what isn't.

That's why Schott referred to pages 68-70 of the current

National Federation of State High School Associations rules book for a 1998 rules clarification:

"To make a catch, receiver of the ball, the player must first come down inbounds or be prevented from returning to the ground inbounds by being contacted by an opponent in such a way that the ball would become dead because forward progress has been stopped."

Of the rules, Schott referred to a penalty change from 10 to 15 yards for head slapping a blocker, but that was the main reason which piqued my interest with changes he'd like to see in the high school game.

Specifically, Schott wants the Illinois High School Association to permit schools to scrimmage one another prior to a season. He also wants a return to the Wednesday playoff game in the prep season.

"The IHSA put out some kind of injury study related to schools having to play on a Wednesday and Saturday the previous, but I don't necessarily buy those statistics," said Schott.

"Because of playing the playoffs on Saturday, we are starting the season too early, and it is not letting us get prepared properly when practices start on a Wednesday."

"We can be in full pads on that first Saturday, but you cannot expect to have a full scrimmage until the following Saturday and then you're in game week."

According to Schott, the return of the Wednesday playoff date would allow for starting the pre-season on a Monday and also allow for better controlling contact on the field, more control of practices and then better scrimmaging on the second Saturday.

"There are several states where schools have a change to adjust their regular season schedule," said Schott. "Missouri put that in last year, and in Kentucky I know of four-school jamborees where teams each play one another for a month."

Regarding current rules, Schott did add that it doesn't make sense that blocking beneath the waist is legal on the college level but not legal on the prep level."

A pulling guard during his collegiate days at Southeast Missouri State, Schott said blocking beneath the waist was fun.

"In 1980 when we (Althoff) won the state title, the rule had not been put into effect and our fullback Don Schaefer was great at it as a lead blocker and in pass protection," said Schott.

"Today you must be a very good athlete to lead

Art Voeltinger
Sports Views

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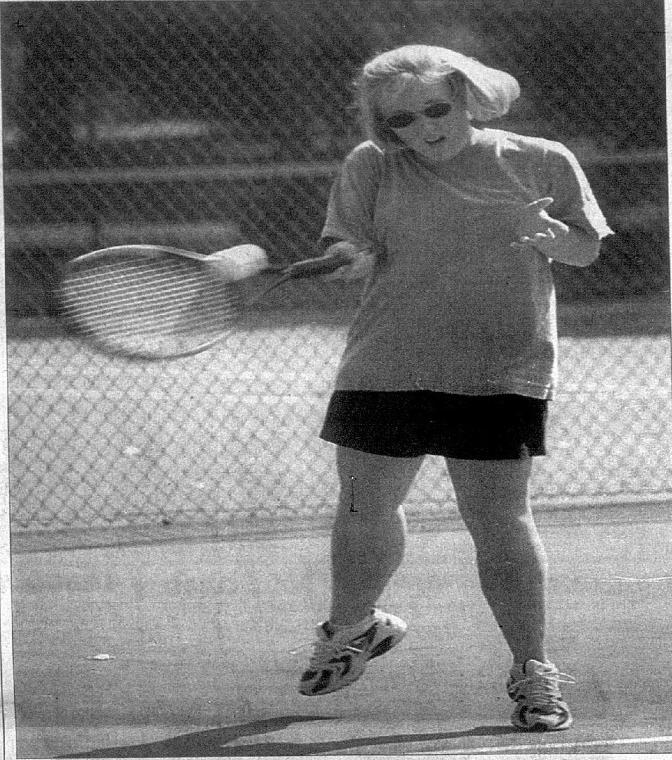
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"Today you must be a very good athlete to lead



Tim Stephenson photos

Under the watchful eyes of Granite City tennis coach Linda Ames (above), the Warriors will attempt to improve on last year's 7-8 record with a number of returning players.

Warriors try to continue climb

By Rick Broome
Staff writer

The Granite City girls tennis program has come a long way in recent years.

GIRLS TENNIS But there are still improvements that need to be made if the Warriors are to reach the top of the tier just below Belleville East and West, who are consistent powerhouses in tennis and basketball. "I think our girls have the ability to reach .500 or a few games above, which is what we should do."

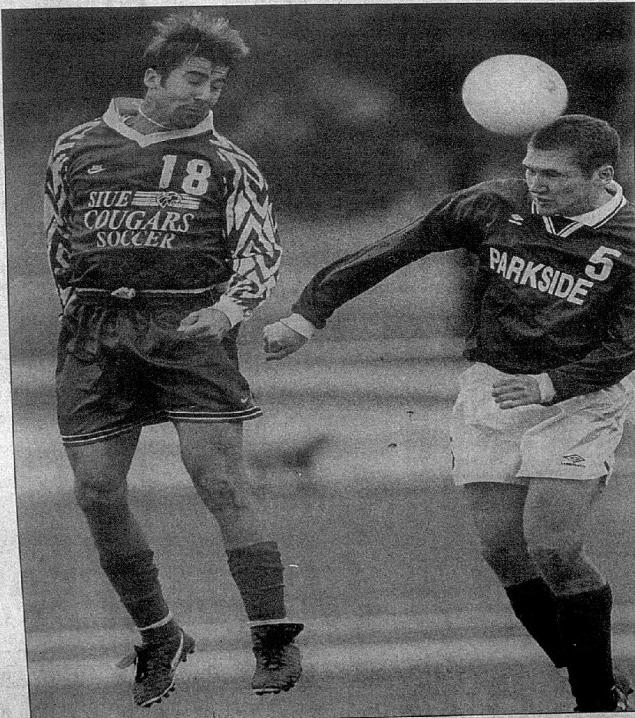
The Warriors were 7-8 last season, and coach Linda Ames has a practical attitude about the prospects for upward mobility.

"I'm realistic about our team and what the girls can do," she said.

"Basically, our goal every year is to finish in the top tier just below Belleville East and West, who are consistent powerhouses in tennis and basketball. I think our girls have the ability to reach .500 or a few games above, which is what we should do."

See WARRIORS, Page 3B

SIUE roster blends freshmen, seniors



Matt Little was the leading scorer for the SIU-Edwardsville men's soccer team last year and earned MVP honors in the Great Lakes Valley Conference.

Cougars' success may depend on newcomers

By Brian Bretsch
Staff writer

Southern Illinois University-Edwardsville men's soccer coach Ed Huneke hopes the eight freshmen

recruited in the off-season can make a quick adjustment to college ball.

If they can, the freshmen will complement the six seniors on the team and the Cougars could make another strong run at the Great Lakes Valley Conference title ... and a possible second straight trip to the NCAA Division II Tournament.

"There is a bit of a polarization of the classes, which has been known to happen governments but we can't let it bother us," Huneke said. "We have got to work together."

The Cougars strength will be up the middle, starting up top with senior Matt Little. He scored 17 points last fall despite playing less than half the season because of an injury bug.

Granite City graduate Matt Little, who transferred to SIUE before the start of last season, made a huge impact on the Cougars. He led the team in goals, assists and total points and was an all-conference and all-region honors as well as the GLVC's Most Valuable Player award and first team All-American recognition. He will be back in the middle of the field again this year.

"His impact was even bigger than I expected," Huneke said. "For a midfielder to score 17 goals and originate an MVE of the conference and All-American, those are some tremendous accolades to project ahead of time."

"We would sure like for him

to put up the same numbers. The theme on our media guide this year is 'Continued Success.' The team and people like Matt and some others like Kividi Kikama — that they continue to do well; have continued success."

The strength in the middle comes from depth with Kikama, a senior sweeper from Kinshasa, Congo; and Collinsville High graduate Doug Hartman at stopper.

Senior Steve Huneke will be added to the defensive mix along with fifth-year senior Chris Koenig in the nets.

Junior Justin Bernaix of Granite City and freshman Connor Madson will push for their fair share of playing time in back.

"Again, it is a big senior class and big freshmen class. The freshmen have to learn from a very talented senior class," Huneke said.

"The quicker they learn the better off we are going to be." Little definitely leads the Cougars in the middle of the field. Joining forces with him are freshmen Scott Taylor and Chris Knapp, sophomores Eric Modell, Steve Singletary and Brian Douglas and junior Justin McMillan of Granite City.

The Cougars will be without the services of Nick Redman and Matt Redman, a Collinsville High graduate, is ineligible this season. He would have been a sophomore who could have made a big impact.

"I'm disappointed for him," Huneke said. "I think it is a good sign that he is back in school and progressing to his own and wants to make a real effort at getting himself eligible again, so that is the

See COUGARS, Page 3B

See RULES, Page 3B

Sports

Bowling Results

Metro East Masters League

Week 1
Round 1
Division A

Team	Won	Lost	Pct.	Pins
Bonneville Insurance	25½	6½	.796	2617
Team 6	22	10	.667	2933
Busch Mountain	22	10	.667	2688
Miller Genuine Draft	19½	12½	.625	2600
Kuna Meats	15	17	.468	2556
West Park Bowl	7	25	.218	2300

Division B

Team	Won	Lost	Avg	Pins
Team 7	25	7	.781	2522
Midwest Title	17	15	.531	2678
Taco Bell	12½	19½	.375	2363
Heritage Lincoln	10	22	.312	2568
Mercury	10	22	.312	2541
Viviano's	6½	22½	.203	2454

High Scratch Game

Jim Lassche	289
Mike Mineman	289
Mark Bray	289
Steve Bergan	288
Todd Wiesemann	288
Jim Lassche	289

High Scratch Series

Mike Mineman	768
J.R. Golden	740
Mark Bray	738
Steve Bergan	735
Todd Wiesemann	708
Jim Lassche	708

MATCH RESULTS

Paul Gage	17, Kuna Meats
John Bauer	16, Kuna Meats
Steve Bergan	15, High series: Kuna Meats
Todd Wiesemann	15, High series: Kuna Meats
Jim Lassche	15, High series: Kuna Meats

HIGH SCRATCH TEAM SERIES

Team 6	2693
Team 1	953
Bonneville Insurance	952
Busch Mountain Men	950
Taco Bell	920
Kuna Meats	920

HIGH SCRATCH TEAM GAME

Team 6	961
Team 1	953
Bonneville Insurance	952
Busch Mountain Men	950
Taco Bell	920
Kuna Meats	920

HIGH SCRATCH SERIES

Mike Mineman	768
J.R. Golden	740
Mark Bray	738
Steve Bergan	735
Todd Wiesemann	708
Jim Lassche	708

MATCH POINT LEADERS

Steve Bergan	4.0
John Bonzo	4.0
Mike Mineman	4.0
Mark Bray	4.0
Todd Wiesemann	4.0
J.R. Golden	4.0
John Bauer	4.0

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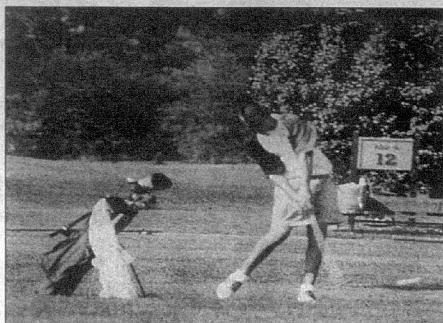
Warriors hope to fulfill potential

Granite City lineup is young but talented
By Rick Broome
Staff writer

The Granite City golf team hits the links this fall in anticipation of another good season. "We did rather well last year," said Granite City golf coach Dwayne Chaney. "We had a young team, but we finished well over .500."

"We have a good group of letterwinners returning," Jeff Jorden, Briggs, Schreoder and Dan Harms. All juniors who lettered last year, Matt Rustio and Steve Schroeder, who also lettered, are seniors so we look to them for leadership."

"As of today, Brett Solberger is the fourth-lowest qualifier, and he's just a sophomore. He should help us a lot this year. Ryan McAtee is also a sophomore that will



Granite City junior Ty Suhre is one of top returning golfers for the Warriors.

play. (Junior) Josh Harrison is a good player."

"We're looking forward to a great golf season. We have a lot of kids back, and they are showing that they've worked really hard to prepare for the season."

The season starts Monday with the Madison County meet.

Granite City will send six players, and Chaney is looking for good results in both individual and team scoring.

"It's going to be a real dogfight for the first spots on Monday," said Chaney.

Jorden, Briggs, Rustio and Solberger are pretty much locked in to four of the six spots, and really Suhre most

likely will take the fifth. Josh and the rest of the guys will have to fight it out for the last one.

The golf team hopes to add its success to what could be a strong fall season for Granite City sports, and in the process carve a niche for themselves.

"I think the Fall and West will be good, as they usually are," Chaney said. "But in golf it can fluctuate quite a bit, and it gets to be hard to handicap your competition."

"We hope we will be one of the top teams in the area. If our guys play up to their potential, we should be."

Rules changes are relatively few for 1998 grid season

Continued from Page 1B

block without using the cross-body or going beneath the waist."

Can Schott ever expect a

return to below-waist blocking? My guess is the IHSA also has statistics on knee injuries that mix the show. However, he has his way when it comes to legal preseason scrimmages.

Meanwhile, I look forward to another football season and even trying to decipher officials' signals. According to the National Federation rules book, there is a total of 47 signals.

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Steelers had many contributors en route to runner-up season Only Waterloo posted better regular season

By Rick Broome
Staff writer

The Granite City Steelers finished the 1998 Mon-Clair season with a 10-2 record, good for second place behind Waterloo, and finished the summer at 17-11 overall.

The team bowed out in two games at the Mon-Clair playoffs.

But the Steelers roster was loaded with talented players — both among the veterans and youngsters.

Outfielder Cliff Williams, Rodney Lofton and pitcher Darren Depew (the starting catcher) were among the leading players for the Steelers (see this past Sunday's Journal).

But others were key for Granite City, including Tony Duenas, Brian Hershany, Brad Ervay and Brett Kisro among others.

"Mark Winfield is a left-handed pitcher who had arm surgery 12 or 18 months ago. He went 3-2 with a 3.30 ERA and pitched really well for us. He only pitched 9 innings for UMSL this spring. This was an opportunity for him to get some innings, and hopefully it might help him come along," said Ames.

"P.J. Perucca came off the bench and did

what we asked him to do. He played third, second, short and even pitched one game. He was one of our biggest surprises of the year," said Ames.

"Brett Kisro is the athletic trainer with St. Louis Sports. He hit .322."

"Then we have a bunch of college guys. Jason Wood (SLU) is a graduate of Granite

City. He was our catalyst, playing center field and batting leadoff, hitting .306. Bill Niepert (Fontbonne) went 3-1, pitched a lot of innings and did a nice job for us. Kyle Briggs (John Jay Junior College) was one of our few left-handed hitters, and one of the few guys swinging a good bat at the tail end of the year (.311)."

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"Younger players — such as southpaw Mike Alvers, who pitches for the Granite City Legion team, and Steve Stamm — also helped out."

"A guy like Jeremy Hoback adds a lot," said DePew. "He didn't pitch a lot, but he helped us out. He was a clutch performer for us at the end, and really came through at Valmeyer."

Granite City football opener is Friday at Cahokia

Continued from Page 1B

The Granite City football team travels to Cahokia for a 7:30 p.m. contest Friday. The Comanches simply were a juggernaut last

season, posting an 8-0 regular-season ledger before falling to Bloomington 29-21 in the opening round action of the IHSA Class 5A playoffs.

Cahokia, however, lost 18

starters from that squad, most notably standout quarterback Byron Gettis. The Comanches simply were a juggernaut last

Warriors will try to build on last year

Continued from Page 1B

Aries and her assistant, Julie Kistner, are turning the rackets over to the new guard this year.

"We had a pretty young

team last year," said Ames. "We only graduated three seniors on a 10-person squad. They were very good in the third year of the program. They're a good core group, improving all the time. I was very excited to get them when

"I think we've improved and gotten better from last year and the year before. We just have to take small steps."

Robyn Slater
Granite City senior

they first arrived here — now I'm starting to be a little scared when I realize that I only have them for two more years.

"Catherine Isom, Julie LeMaster, Krista Morton and Beth Siebold are all juniors who will play significant roles on the team. Amanda Pasheva is a sophomore. She should help us out a lot."

The heart and soul of the team are seniors Jan Shanafelt and Robyn Slater, both of whom are relatively new to the game of tennis.

"Robyn and Jan are my co-captains," said Ames. "Robyn's been playing since she was a little girl and she just started last year."

"They provide us with great senior leadership and set a great example for the younger players. The practice is over and they'll keep playing for another hour. They are committed to be the best they can be on the court."

"They're very competitive. One will beat the other, they go back and forth. What's so special is that they're competitive fire filters down and inspires the rest of the team."

"It's hard to compete with a Belleville East team," said Ames. "Because the kids have been playing so much longer than ours," said Shanafelt. "As far as us competing with Alton or Collinsville or the other teams, I think we have a chance this year."

"I think we've improved and gotten better from last year and the year before," said Slater. "We worked really hard and took them into a third set of the final singles match. We just have to take small steps."

"The friends are taking a wait-and-see attitude about teaming up to play doubles together."

"If we're going to state, our best chance is in doubles, so Coach Ames will put us together then," said Slater.

"Up until then, we'll play singles."

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Bronze Boot Match to be played tonight

SIU-Edwardsville tries to put an end to Billikens' dominance in rivalry

By Brian Bretsch
Staff writer

There are winning streaks and then there are winning streaks.

MEN'S SOCCER Such is the case when the Southern Illinois-Edwardsville and Saint Louis University men's soccer teams face off for the Bronze Boot Match.

The Billikens rarely have relinquished the coveted trophy. Saint Louis University sports a 20-5-1 mark in the series and have won the last 14 straight.

The Cougars' last victory was a 2-0 decision in 1982. SIUE will try to snap the 14-game stranglehold the Billikens have on the Boot 8 p.m. tonight at the Anheuser-Busch Conference and Sports Centre in Fenton.

Mr. Bill, the Bronco Boot, is an exhibition game and does not count toward either team's record.

"The Bronze Boot match is always a big deal and gets all of our players' attention, which is good at this time of the year," SLU coach Bob Warming said.

SLU enters tonight's match after an uplifting 1-0 victory over Indiana. Dominic DaPra scored the lone goal for the Billikens.

The game was a rematch of the 1997 Final Four semifinalists. The Hoosiers were ranked fourth in Soccer America's preseason poll and the Billikens were a step behind, ranked third. The National Soccer Coaches Association's poll has the Billikens ranked third and the Billikens fourth.

"This is a great result for us, because Indiana may be the best college soccer team that I've ever had the privilege to coach against," Warming said. "It's like playing a pro team, and I know we won't see anyone as talented the rest of the year."

SIUE opened the preseason with a 5-2 loss to Eastern Illinois University on Sunday afternoon.

SIUE coach Ed Hunke knows the Cougars will have their hands full tonight.

However, Hunke admits he enjoys the atmosphere of the Bronze Boot.

"It's got a rich tradition, which I think adds to it since a lot of our players grew up with



SIUE-Edwardsville's backs, such as Doug Hartmann from Collinsville, will be key tonight in the Bronze Boot showdown with Saint Louis University.

the awareness of it," Hunke said. "The reality is they (the Billikens) are one of the best, if not the best team in the country. That makes it exciting. You always want to see how you stack up against

the best. They will be the clear favorite but the important thing is it is fun for our players to experience it and that we become a better team as a result of it."

SLU won last year, 5-1.

SIUE plays rugged schedule of exhibitions

By Brian Bretsch
Staff writer

Exhibition games are a good way for coaches to judge the talents of their players.

SIU-Edwardsville men's soccer coach Ed Hunke will get a fast assessment. The Cougars play three exhibition games in the next few days, which included a 5-2 loss to Eastern Illinois University Sunday afternoon. SIUE plays again 8 p.m. tonight against Saint Louis University in the annual Bronze Boot Game at the Anheuser-Busch Conference and Sports Centre.

On Sunday, EIU scored two goals in the first 14 minutes of the game to take a 2-0 lead. SIUE came back with goals from Matt Little and Justin Hunke to tie the score at 2-2 before the break.

"My thinking going into it would be with us having pretty many freshmen that we will have a lot of kinks," Ed Hunke said. "There were some glimmers, I hope that I think we can build on and look forward to that will allow us to get better."

"Our intent in preseason is to have a real tough preseason schedule because the first six games of our regular season are very important and very difficult. The idea was to get as much as we can to gear up against tough competition. I think that can be a good learning tool. That's our objective is to do what we have to do to make us the best we can be on Labor Day weekend."

Hunke recruited eight freshmen during the offseason to help bolster the Cougars lineup. He expects four freshmen to be starting this season with the others lending

strong support from the bench.

Eastern Illinois 5, SIUE 2

EIU	2	3	5
SIUE	2	0	2

First Half

EIU — Mittendorf (assist Najoka), 11:27.

EIU — Perry (assist Mittendorf), 14:45.

SIUE — Matt Little (assist Douglas), 17:36.

SIUE — Justin Hunke (assist Little), 36:17.

Second Half

EIU — Johnson (unassisted), 52:27.

EIU — Perry (assist Czarnacki), 55:09.

EIU — Spain (unassisted), 69:56.

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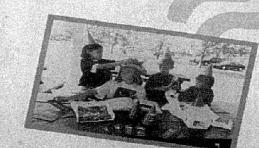
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By Lou K
Staff writer

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Community News

COMMUNITY CALENDAR

Editor's note: The community calendar contains events for the week of Aug. 26 to Sept. 1. Only events that occur every week are listed the first and third Wednesdays of each month.

Health/Exercise

ST. ELIZABETH MEDICAL CENTER'S BEHAVIORAL HEALTH SYSTEM is presenting a free seminar, "Recovering from a High," at 7:30 p.m. Sept. 1. Ellen Plotner, CTRS, of the Behavioral Health System, discusses alcohol and drug-free leisure-recreation activities and the benefits of leisure in our lives. The talk will be presented in the Visions Room. Register now, free and open to the public. For more information or to register, call 798-3888.

Organizations

MADISON COUNTY LEGAL SECRETARIES ASSOCIATION meets at 6:30 p.m. the first Tuesday of each month. Open to everyone in legal field: attorneys, legal secretaries, staff, paralegals, reporters and court personnel. For more information, call 465-4400.

EAGLES AUXILIARY 1128 meets at 7:30 p.m. on the second and fourth Tuesday of each month at the Eagles Home, 2656 Monroe Street. Information on the first meeting of each month and social hour and refreshments follow the meeting. For more information, call President Nina Jackson at 877-8808.

MADISON COUNTY HOMEMAKERS EXTENSION ASSOCIATION, Granite City unit, meets at noon on the first Tuesday of each month in the Madison County Extension Center. For more information, call 876-7026 or 931-3735.

ELKETTES, Granite City Lodge 1083 meets at 7 p.m. the first Tuesday of each month except July and August at Maryville Road. Call 931-3557 for more information.

MADISON COUNTY HOME-MAKERS EXTENSION ASSOCIATION meets at noon first Tuesday of each month in Hope Lutheran Church, 3715 Wabash Ave., Granite City.

TARIES ASSOCIATION meets at 6:30 p.m. the first Tuesday of each month. Open to everyone in legal field: attorneys, legal secretaries, staff, paralegals, reporters and court personnel. For more information, call 465-4400.

TOASTMASTERS INTERNATIONAL meets from 7 to 9 p.m. the first, third and fifth Tuesday of the month at Shultz's, Highway 157, 4 Commerce Drive, Collinsville. Come join us for better communication and leadership skills. For more information, call 692-6028 or 344-2398.

NEW HOPE CHAPTER 432 ORDER OF THE EASTERN STAR meets at 8 p.m. the first and third Fridays of each month at Masonic Temple, 1940 Cleveland Blvd., in Granite City.

TRIPLE LODGE 835 A.F. and A.M. meets at 7 p.m. the first and third Wednesday of each month at Masonic Temple, 1940 Cleveland Blvd., in Granite City.

THE SINGLES CONNECTION events for Aug. 26 to Sept. 1 are: Meet at 6:30 p.m. Wednesday at Fast

each month in Hope Lutheran Church, 3715 Wabash Ave., Granite City.

Eddie's Bon Air Tavern in Alton for a fun evening and great food. RSVP to Dennis, 877-4508. Meet at 8 p.m. the first Saturday at the Cottonwood Theater in Glen Carbon. Admission is \$2. Call Linda M. at 862-1762. Meet at 8 p.m. Monday at the Custard in Maryville. RSVP to Linda M., 892-1762. Meet at 7 p.m. Tuesday at the Edgewood YMCA. Eat Drive-in Volleyball, volleyball on a giant volleyball court with a softer ball. Cost is \$3 for 2 1/2 hours of play. Call Paul, 332-1731 for more information.

Seniors

PONTOON BEACH SENIOR CITIZENS pot-luck dinner the last Saturday of each month, 5 p.m., 3910 Highway 111, Pontoon Beach.

Support Groups

RIVERS OF WATER WORSHIP CENTER SUPPORT GROUP, meets 9:30 to 11 a.m. the first and third Saturday of each month, at 1307 Madison

Marriage licenses

The following marriage licenses were issued by the Office of the Madison County Clerk Mark Von Daniels.

Benjamin Ahlers and Stacy Noel Taylor, both of Granite City.

David Charles Aubrecht and Judith Lee Koont, both of Edwardsville.

William Edward Berdick Jr. and Kelly Jean Courtney, both of Edwardsville.

David Richard Bergi, of Lansing, Mo., and Amanda Lynn Cook of Collinsville.

Jeffrey Williams Busch and Amy Allison Conway, both of Edwardsburg.

John Gregory Carlson and Jennifer Michelle Smith, both of St. Jacob.

John Michael Chaffin and Carol Rae Smith, both of Pontoon Beach.

Anthony Quinn Cheeseborg of Edwardsville and Yolanda Rena White of Collinsville.

Lea Cooper of St. Charles, Mo., and Tina Marie Hinke of Granite City.

Christopher Andrew Dill and Amy Amber Stong, both of Edwardsville.

Charles Michael Earlin of Pontoon Beach and Robin Lynn Voluz of Collinsville.

Ronnie Edward Elliott and Victoria Joann Cooley, both of Granite City.

Eric Phillip Fanning of Madison and Noreen Bridge Mueller of Granite City.

Robert John Ferguson of Glen Carbon and Mary Crystal McNulty of Pierro.

Robert E. Fleming and Linda Denise Schaus, both of Granite City.

Gary Eugene Frost and Pamela Ann Crutis, both of Granite City.

Jeanne Jeanne Gandy and Sarah Elen Brannon, both of Collinsville.

Kerry John Hargan of Caseyville and Daylin Ann Swieckel of Collinsville.

William Don Hays and Kimberly Diane Olson, both of Granite City.

Dawn and Michael Hobbs and Lynn Bushong, both of Granite City.

Nathan Wayne Hughes of Highland and Kim Renee Jones of Trenton.

Brian James and Cindy Jeanne Ellens Brannon, both of Belleville.

Jon Richard Jefferson and Cynthia Anne Johnson, both of Collinsville.

Glen Kenneth Kruehberg and Penny Lou Egbert, both of Glen Carbon.

Joseph John Krypcik Jr. and Lisa Marie Hause of Granite City.

Jacque Maurice Jacoby III of Cottage Hills and Kelley Anne Whitlock of Edwardsville.

David Alan Jarrett Jr. and Erica Jean Smith, both of Granite City.

James Dennis Keller and Victoria Marie Kampmann, both of Granite City.

Michael James Klefer and Ivy Cassandra Hartstein, both of Belleville.

James Michael Lester and Sherri Ann Teller, both of Granite City.

Matthew John MacLaughlin and Katherine Anne Lewis, both of Granite City.

Stephen Robert Patterson and Karen Lee Colton, both of Edwardsville.

Douglas and Kristine Andrea Nicole Nosacno, both of Collinsville.

Gordon David Randle and Tracy Lynn Stacey, both of Staunton.

Michael Wayne Redstock Sr. and Julia Louise Bridgett, both of Mitchell.

Robert Lee Reeves Jr. and Genny Rebecca Jackson, both of Granite City.

Verl Lee Revelle of Glen Carbon and Keith Marie Miller of Pontoon Beach.

Jamie Ray Robins of Granite City and Rachael Elizabeth Ferguson of Wood River.

Devlin Devitt, Peckett and Natalie Elissa, both of Pontoon Beach.

Cengiz Robert Sarikoglu of Collinsville and April Ann Coverdell of Glen Carbon.

Bobby Lee Scheaffer Jr. of Bethalto and Linda Marie Gabley of Wood River.

Russell Edward Schaeffer of Troy and Judy Ann Lodes of St. Jacob.

Thomas Jeffery Shahn and Lisa Ann Burney, both of Moline.

Christopher Michael Shaw of Aurora, Colo., and Jennifer Kaye Smith of Collinsville.

Christopher Scott Steele and Christina Ann Sauls, both of Edwardsville.

Sutton Stephen Paul and Carrie Michelle Hankins, both of Granite City.

Harold John Tolson III and Wendy Ann Wright, both of Collinsville.

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Lee, both of Granite City.

John Michael Vassil and Jennifer

Michelle O'Conor, both of Edwardsville.

Michael Brett

Bravo!

Morlen garners freshman scholarship
Salina Morlen of Granite City has received a \$1,500 freshman academic scholarship from Southwest Missouri State University. Morlen was selected based on her ACT score, standing in graduating class and leadership shown in

community and school activities.

Morlen, a graduate of Granite City Senior High School, is the daughter of Ronna and Lisa Morlen of Granite City.

Student presents research project
Brian J. McMillan of Granite

City presented his research project Aug. 1 at Lewis Faculty Center at the University of Illinois.

McMillan, one of 43 students selected by Hughes Research Undergraduate Research Fellowship for the 1998 summer semester, presented the results of his research project, "Salmonella Typhimurium assay"

assessment of the genotoxicity of drinking water disinfection products.

UIUC faculty, staff, students and members of McMillan's family attended the presentation session, social hour and dinner with guest speaker Augustine Smith of Merck & Co. Inc.

The school of life sciences at University of Illinois has a number of scholarships with funding from the Howard Hughes Medical Institute, provides fellowships to undergraduate students majoring in sciences to conduct research under the guidance of a faculty member.

Colyer awarded scholarship

Richard Colyer, a 1996 graduate of Granite City Senior High School, has been awarded an Achievement Scholarship at Murray State University in Murray, Ky.

Colyer, the son of Jacqueline

Colyer of Granite City and the late William Colyer, will be majoring in biochemistry at MSU. During high school, Colyer was a member of the Science Club.

SBC Foundation awards McMillan

Denise McMillan of Granite City has been awarded recognition for academic excellence with a \$3,500 scholarship from the SBC Foundation. The scholarship is

part of an annual awards program for children of employees and retirees of Southwestern Bell, Pacific Bell, Nevada Bell and Cellular One, who are pursuing undergraduate study at accredited four-year colleges and universities.

The competitive scholarship selection process is based on merit.

McMillan, the daughter of Charles and Marylyn McMillan of Granite City, plans to use her scholarship to attend the University of Missouri at Rolla in the fall and major in engineering.

SIEU announces recent graduates

The following students at Southern Illinois University Edwardsville graduated Saturday, Aug. 8, during commencement exercises at SIEU's Vadalabene Center gymnasium:

BROOKLYN — Hakeen Abdul-Rashied.

GRANITE CITY — David Feig, Patrick Jesse, Erin Love, Julia Mahelic, Benjamin Ahlers, Charles Lusch, Gretta Wittmann, Barbara Brown, Douglas Clegg, John Bukovac, Debra Dutko, Paul Hand, Kimberly Knogel.

Dana Leggans, Methany Lohrstorfer, Clarke Douglas, Brian Smith, Gary Swift, Jr., Channa Weckman, Patsy Cole, Stephanie Stark, Terri Holtgrave-Kunz, Deborah Wallis.

MADISON — Lashonda Campbell.

PONTOON BEACH — Michelle Williams, Terri DeWarrt.

VENICE — Carla Brooks, Nicole Williams.

Barnes College announces grads

The Barnes College of Nursing at the University of Missouri at St. Louis has conferred upon the following students new bachelor of science in nursing degrees:

GRANITE CITY — Tia Russa Rees, Ann Marie Logan.

Adams graduates
August Adams graduated from the University of Illinois College of Medicine in Chicago recently.

He is a 1989 graduate of Rockwood High School and 1993 graduate of Rockwood College with a major in biology. Dr. Adams began a three-year residency at St. Louis University in June.

He is married to Kimberly (Wheeler) Adams and is the son of Aaron and Anita Adams.

Aaron Adams owns Adams Medical Supplies in Granite City and Anita Adams is a nurse at St. Elizabeth Medical Center.

Westbrook graduates
Annie Westbrook of Granite City graduated from Greenville College recently. Westbrook is the daughter of Rick and Kathy Westbrook of Granite City.

Westbrook graduated with a bachelor's degree in biology.

Hollis makes list

Monmouth College named the following two students to its Dean's List for the winter semester:

Karen M. Kraus, the daughter of Mr. and Mrs. Steven Kraus of Belleville, is a sophomore environmental science major.

Anne E. Hollis, the daughter of Mr. and Mrs. Thomas R. Hollis of Granite City, is a junior chemistry major.

Mullen awarded fellowship

Jacely A. Clay of Belleville and Patrick D. Mullen of Granite City are two of the 61 minority and low-income college students from across the nation who have received a fellowship in a two-year international education program that culminates in a semester of study in China or Mexico.

Clay is a student at University of Illinois at Urbana-Champaign, and Mullen attends Western Illinois University.

3 awarded scholarships

Rudy Papa, Madison County Board chairman, awarded 11 \$1,000 scholarships and one \$500 scholarship to students attending local colleges.

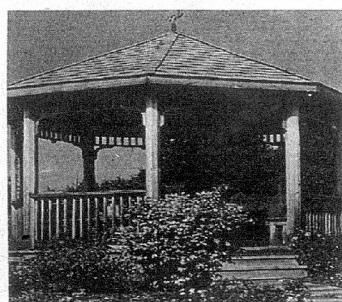
An awards ceremony was held Aug. 12 at Charlie's Restaurant in Granite City. Local recipients include:

Brian J. Papa of Madison, an education major at Belleville Area College Granite City Campus.

Rebecca Kuhn of Granite City, a computer information systems major at Belleville Area College Granite City Campus.

Laura Smith of Granite City, a nursing education major at Belleville Area College Granite City Campus.

The scholarships are based on high academic achievement and financial need of the students, and are awarded from the Community Services Block Grant program.

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The Apartments and Duplex Homes of Eden Village is a division of Eden Village, a non-profit organization affiliated with Eden United Church of Christ. Eden Village also offers The Care Center, a skilled nursing care center with an Alzheimer's Unit, and the new Rehabilitation Therapy Center.

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St. Charles Rock Road & Lynn Rd.
• FENCE & DECK
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1000 N. Creek Rd. (Next to K-Mart)
• JEWELERS
10300 Belknap Road
• WEST PHILADELPHIA
Northland Shopping Center
14254 Manchester Road
• LIMA
7725 Manchester Road

NORMANDY
2727 Natural Bridge
• 115 Old Hwy. 40 (South Duth Rd.)
• 14254 Manchester Road
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Horoscope

TODAY'S BIRTHDAY (Aug. 26) You have more making ideas come to you this year, but you must act quickly! If you are given a chance to solve a problem, take it right away. Promotions are close.

CAPRICORN (Dec. 21-April 19) Your plans for winning admiration are flawed, but re-evaluating your approach will fix everything. You deserve recognition and love and must constantly remind yourself. It is not necessary to always be in control.

TAURUS (April 20-May 20) Your efforts pay off for you now, and the rest of the day is for relaxing. Look to a parent or sibling to uncover shortcuts to your success. If you let someone else in the family lead, your



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GEMINI (May 21-June 21) Your pleasure is the disposition of your new allies at work. A Leo is an integral part to a journey of self-discovery. Allowing an alienated friend to re-enter your life brings happiness and relief.

CANCER (June 22-July 22) Worrying about what hasn't happened is a waste of time. Instead, the better, the more detailed, the better. A family quarrel requires your management — you are the only one who can make things up.

LEO (July 23-Aug. 22) Financial matters need immediate attention. An afternoon meeting will renew your vigor toward a project. Listen and listen to you better than they used to. Calling on a friend from childhood to reminisce brings luck.

VIRGO (Aug. 23-Sept. 22)

Someone close causes your places with you in a minute. Troubles at home need mending. Acknowledge the fact that it takes time to hear out others for our most supportive advice.

LIBRA (Sept. 23-Oct. 23) A sweet and sincere friend does not know what is best for you. Even though their directions could be off the mark, You truly find your own way now and should not feel guilty for breaking away from the crowd. Alone time feels like a vacation.

SCORPIO (Oct. 24-Nov. 21) The challenge you face takes much less effort than you think. This is the best time to make a concession for someone who is clearly invested in his or her own negative actions.

SAGITTARIUS (Nov. 22-Dec. 21) Your intuition may be unheeded, but leadership through example never fails. You appreciate good intentions but shouldn't settle for less than you expect in your relationships.

CAPRICORN (Dec. 22-Jan. 19) One remark could change everything. Be sensitive with your action that you may not need to know. This is no time to risk it all. Be conservative.

Tonight, replace an inappropriate solution with something better.

AQUARIUS (Jan. 20-Feb. 18) Creativity and physical exertion are linked — releasing the tension in your body does the same for your mind. Your backward ideas bring the most immediate forward motion. Financial markets work in your favor.

PISCES (Feb. 19-March 20) If you really want to hear this morning's lessons, a profound shift in your consciousness happens.

Love and passion go on, withstand the ups and downs of a new relationship will pay off in long periods of bliss.



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'Blade' brings obscure comic hero to big screen

By Ronnie Roy
Staff writer

"Blade" is a stylish, bloody, hulking, violent, female action-comic.

In other words, it should do well with its target audience of young men, but probably won't draw blood with mainstream audiences.

Wesley Snipes stars as Blade, an obscure Marvel Comics character created in the '70s for its "Tomb of Dracula" comic books. The film opens with a pregnant woman being wheeled into an emergency room, blood gushing from two holes in her throat. The woman dies, but she survives, mutated by the encounter.

The child — of course is Blade, who has all the advantages of a vampire (increased strength and speed) but none of the disadvantages (he can live in sunlight, he doesn't fear garlic or holy water). He's still a human, but he controls it by taking a special serum.

After the birth scene, the film fast-forwards to the present, with an opening sequence that sets the pace for the rest of the film. An unsuspecting human is taken to a secret dance club. As the water sprinklers begin spraying blood onto the dancing bodies, it's obvious this poor man is in a vampire disco.

He struggles to escape as the vamps grab at him, but they soon recoil in fear at the sudden appearance of Blade. Realizing he's seriously outnumbered, the vampire pack only to be blown apart by big guns that fire silver spikes or sliced to pieces by Blade's blades. (I always thought that was how werewolves were killed, but apparently those vampires take rules these days. In one scene, a vampire tries to appear in a park in daylight simply by applying some sunblock.)

After killing a dozen vampires and frightening the others away, Blade inexplicably (except to keep the plot moving) impales



Wesley Snipes in a scene from the New Line Cinema film, "Blade."

longtime foe Quinn (Donald Logue) to the wall and sets him on fire instead of simply killing him like all the others.

Blade disappears as the police arrive. The charbroiled body of Quinn is taken to the hospital, where botanist Karen Jenson (Nia Long) is called in to examine the body. The body leaps from the slab and attacks Jenson, and once again Blade saves the day. After a brief fight, Quinn escapes and Bladie takes the wounded Jenson back to his lair.

Now, every vampire slayer needs a mentor, and since Giles was busy with Blade, Bladie gets a grizzled old man named Abraham Whistler (Kris Kristofferson). Whistler has been waging war against vampires since he was born. He was killed by one years ago, but it was he who found the young Blade and recruited him for battle. Blade was easy to recruit because the vamps were on the vampire who killed his mother and made him the man he is today.

Meanwhile, Quinn has returned back in with his botanist friend, Karen, a young vampire overlord Deacon Frost (Stephen Dorff). Frost upsets the older, pureblood vampires with his first mate. Deacon Frost doesn't care what the oldtimers think, he's too busy trying to crack an ancient code that will call up the vampire god that will rule the world.

"Blade" follows the formula of other dark, violent hero films like "The Crow" or "Spoon." The movie speaks in general monosyllables. The women prove they're as violent as the men.

There are several well-choreographed fight scenes, a mystic ceremony with big special effects (although most of the effects budget seems to be spent on fight scenes rather than to make vampires blow up), and the promise of a sequel.

"Blade," a New Line Cinema film, directed by Stephen Norrington and produced by Peter Frankfurter, Wesley Snipes and Robert Engelman.

Movie schedules

Film timetable for Film timetable for Wednesday, Aug. 26. For times on other days or to confirm these times, check local theaters.

NAMEOKI CINEMA
30 Nameoki Village, 877-6299

There's Something About Mary (R) 7:15
Dr. Dolittle (PG-13) 8:45

SHOWCASE 12
EDWARDSVILLE
635 Main St., Galt Rd., 659-7489

Snake Eyes (R) 2:30, 4:45, 7:10, 9:30
Wrongfully Accused (PG-13) 2:30,
4:45, 7:10, 9:30

The Avengers (PG-13) 2:20, 5:00,
7:10, 9:30
Saving Private Ryan (R) 12:50, 4:30,
8:30

There's Something About Mary (R)
2:00, 4:45, 7:30, 10:05
Air Bud 2 (G) 2:00, 4:05

Halloween H2O (R) 7:45, 10:10
Dead Man On Campus (R) 1:50,
5:10, 7:45, 9:50
How Stella Got Her Groove Back (R) 10:30, 12:45, 2:45, 4:45, 6:45
The Parent Trap (PG) 1:00, 3:50,
6:30

The Mask Of Zorro (PG-13) 9:20
Blade (R) 12:45, 7:00, 9:45
Armageddon (PG-13) 1:30, 5:00, 8:00
Ever After (PG-13) 1:10, 4:00, 6:40,
9:10

Halloween H2O (R) 7:45, 10:10
Dead Man On Campus (R) 1:50,
5:10, 7:45, 9:50
How Stella Got Her Groove Back (R) 10:30, 12:45, 2:45, 4:45, 6:45
The Parent Trap (PG) 1:00, 3:50,
6:30

CARMIQUE PETITE
I-70 & Hwy. 157, Collinsville, Ill.
Blade (R) 7:05, 9:35
The Avengers (PG-13) 7:10, 9:10
Snake Eyes (R) 7:30, 9:45
The Parent Trap (PG) 7:00
Halloween H2O (R) 9:45

COTTONWOOD
EDWARDSVILLE CINEMA
Edwardsville, Ill., 659-8393
Save the Last Dance (PG-13) 7:15
Dr. Dolittle (PG-13) 7:00
Six Days Seven Nights (PG-13) 7:30

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Health & Fitness

Beware heat exhaustion when exercising in warmer weather

The summer months provide a much-awaited opportunity for us to enjoy some of our favorite outdoor activities, like running, hiking, baseball, soccer and swimming. Most of us know that it's important to stay cool for us. In fact, the American Institute for Cancer Research, in its new international report, *Food, Nutrition and the Prevention of Cancer: A Global Perspective*, recommends that we get at least 30 minutes of moderate physical activity each day to reduce our risk for certain forms of cancer. But while the summer temperatures and sunshine bring us outdoors to exercise, we should take extra care to avoid heat exhaustion. Otherwise, the health benefits of exercise that we're aiming for could be offset by injury and illness.

Heat exhaustion occurs when the heart and vascular system do not respond properly to high temperatures and the mechanisms our body uses to cool itself fail. When we exercise, we lose vital fluids and salt from our bodies as we sweat. That's why one of the most important things we can do when exercising in the heat, especially in hot weather, is to drink lots of fluids before, during and after exercise. Since thirst is not a reliable sign that your body needs fluids, don't wait until you feel thirsty before drinking something. Fluids or beverages with caffeine speed up fluid loss, so it's best to drink water or a commercial sports drink.

To further reduce risk of heat exhaustion, try to avoid vigorous outdoor physical activity during the hottest part of the day. Instead, exercise early in the morning or later in the evening, when it is cooler. If you suspect that someone is suffering from heat exhaustion, get the person out of the sun and go inside. Let the person down, elevate the feet slightly and loosen or remove clothing. If the person can swallow and is not nauseated, give cool (not iced), lightly salted water or a commercial sports drink.

Exercise is vital to good health, as long as it's done safely. So enjoy the variety of sports and activities that are so popular this time of year, but remember to be conscious of the heat and how your body is reacting to it so you can slow down and seek shade when you need it.

drink when exercising.

To further reduce risk of heat exhaustion, try to avoid vigorous outdoor physical activity during the hottest part of the day. Instead, exercise early in the morning or later in the evening, when it is cooler. The symptoms of heat exhaustion include cool skin, pale skin, sweating, dry mouth, fatigue and weakness, dizziness, headache, nausea; muscle cramps and heat and rapid pulse. If you suspect that someone is suffering from heat exhaustion, get the person out of the sun and go inside. Let the person down, elevate the feet slightly and loosen or remove clothing. If the person can swallow and is not nauseated, give cool (not iced), lightly salted water or a commercial sports drink.

Exercise is vital to good health, as long as it's done safely. So enjoy the variety of sports and activities that are so popular this time of year, but remember to be conscious of the heat and how your body is reacting to it so you can slow down and seek shade when you need it.

Worms shouldn't keep you from eating fish

With families vacationing and taking time to fish, questions have come up about worms.

They are not worms or flukes or trematodes. They often are found in farm pond fish and can be white or yellow or have the appearance of a black speck. They are usually parasites of fish that have a complex life history. But, the most important information is that they can be eaten from the fish. The fish can be eaten when cooked properly.

These flukes have a complex life cycle involving several hosts.

The white worms are found in the organs of sunfish and are normally only visible as white specks in the liver of the fish, which the parasites are found in the meat or fillets, enclosed in small cysts. The black worms or black spots on fish are actually the cysts with the worm inside. Remember, though, that the worms do not infect people, but make sure to clean and cook the fish properly.

These flukes have a complex life cycle involving several hosts.

The black grub or worm lives in the intestine of the kingfisher bird, and the eggs are deposited in the water by droppings from the kingfisher. They then invade snails until maturity at which time they leave and attach to fish and form the black cysts.

The yellow grub or worm is found in the mouth of herons who deposit them in ponds.

They invade snails and when mature, burrow into the muscle of fish.

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Occupational therapy helps elderly health, happiness

Ruth was an elderly Los Angeles woman afraid to ride city buses because she couldn't climb up the steps to get on.

Thanks to a study being conducted by the University of Southern California, an occupational therapist created a practical step for her at home, then ushered her aboard a real bus she did not fear.

"When she could get on the bus, she was on the threshold of a whole world of opportunity," says Florence Clark, lead author of the study.

The research shows preventive occupational therapy that teaches elderly people how to keep up daily activities improves their physical and mental health and helps them live independently.

Clark, chairman of USC's Department of Occupational Science and Occupational Therapy, presented her results at the American Medical Association's Science Writers Conference in Washington. The study

also appeared in a recent issue of *The Journal of the American Medical Association*.

Clark said the study suggests that in an age of medical cost-cutting, occupational therapy could provide savings by delaying reliance on expensive nursing home care.

"Heathy and independent is less expensive than sick and dependent," she said.

Occupational therapists

traditionally help people with illness, injury or disability to regain skills to lead a healthy, productive life. In the USC study, they sought to help seniors develop routines that balance work, rest, recreation and social life. Therapists sought the "right-challenging" tasks that would inspire each to take risks rather than remain household.

"Staying healthy is not just a matter of going to the gym and eating right," or simply keeping busy, Clark said.

To Clark, occupational therapists are "personal trainers" for the elderly, teaching them on "lifestyle redesign" that takes into account their passions as well as limitations.

"Can they walk a block? Are they limited to walking to see their friends because of health issues?" she said. Such considerations were

incorporated into the Well Elderly Study, which looked at 361 residents who lived in subsidized apartment buildings for low-income seniors in Los Angeles.

The subjects, ages 60 to 89, came from a broad mix of backgrounds and included blacks, Hispanic and white seniors. They were randomly divided into three groups.

The first group received two hours each week of group occupational therapy and an hour each month of individual therapy with personalized programs that were key to success, Clark said.

One control group participated in more than two hours of organized social activities each week, while the other control group had no activities or programs.

Therapists identified activities that would give seniors "a sense of contribution and a sense of accomplishment" and help them confront the fears that can isolate them.

In one group session, participants were helped to hop a bus to Long Beach, where they had to make choices about shopping and sightseeing.

At the end of nine months, those who received occupational therapy posted more gains and fewer declines than those in the two control groups, Clark reported. Researchers measured results using standard tests and evaluations to determine health, mental attitude and life satisfaction.

When it came to physical health problems that limited work and

activities, the occupational therapy group showed an improvement of 1 percent, while the control groups declined by 13 percent, Clark said.

"In the measure of vitality, the (occupational therapy) group showed an increase of 6 percent, while the control groups declined by 2 percent," she said.

Dr. Gary Small, a psychiatry professor and director of the University of California, Los Angeles, Center on Aging, praised the study and its approach to aging.

"It's important to demonstrate that nonmedical interventions have an impact," Small said. "It's particularly important for elderly people because of their sensitivity to side effects of medicine. The take-home message from this paper is that nonpharmacologic treatments can be effective and have profound impacts on people's quality of life."

— Associated Press

Study creates buzz about honey in diet

Honey bees pollinate the crops we eat and provide honey. Where they forage for nectar now has gained nutritional importance — what the bees eat affects the level of antioxidants in honey, according to new research.

In a study that analyzed 19 samples of honey from 14 different floral sources, University of Illinois scientists found that honey made from nectar collected from Illinois buckwheat flowers pack 20 times the antioxidant punch as the next best source, which is lap up California sage. Clover, perhaps the most common plant source tapped by honey bees, scored in the middle of the ratings.

Antioxidants — substances that slow the oxidation of other substances — counter the toxic effects of free radicals, which can cause DNA damage that can lead to age-related problems such as arthritis, strokes and cancer. Free radicals are atoms or molecules that are usually reactive or unstable.

In an article to be published in the *Journal of Apicultural Research*, the researchers say darker honey has less water and more antioxidants than light-colored honey.

The co-authors of the study — funded by the Illinois Value-Added Research Program — are Michael Honey Berman, we May Berenbaum, head of the University of Illinois entomology department; Gene E. Robinson, director of the U of I bee research faculty; and plant biology graduate student Steven M. Frankel.

"Not all honeys are the same," said Berenbaum, who also is a researcher in the U of I Functional Foods for Health program. "The antioxidant content of buckwheat honey compares favorably, pretty much bite for bite, with the antioxidant content of tomatoes. Gram for gram, antioxidants in buckwheat honey equal that of fruits and vegetables, such as sweet corn or tomatoes. It packs the antioxidant power of Vitamin C in a tomato, but most people who would be willing to eat an entire tomato would be at eating the equivalent of a tomato's weight-worth of honey."

Honey could be a supplemental source for antioxidants, the researchers concluded, noting that many fruits and vegetables often include other desirable sources for antioxidants. Although honey can't replace fruits and vegetables in the diet as a source of antioxidants, it has a lot to offer as a replacement for table sugar, which has little antioxidant value as a sweetener, Berenbaum said.

Depending on the floral source, honey varies widely in color, water composition and sugar, ash, nitrogen and metal content, the researchers gathered and analyzed honeys produced in 1993 and 1995.

The findings could impact the beekeeping industry, which like agriculture nationwide, mostly as a hobby, Robinson said. "Bees are essential for pollinating many of the crops that we grow for food and fiber. The estimated value of bee pollination in America is about \$10 billion per year," he said.

"Now, honey may also take on extra importance as there may be health issues tied to the question. Not all honeys are created equal, and not all honeys are created equal."

Briefly

Program expanding

Senior citizens who would like to apply for the state's Circuit Breaker program can begin filling out applications early next year, said State Rep. Franklin Watson (R-Greenfield).

According to the Illinois Department of Revenue, the forms will not be ready until January 1999, after the

current year's program closes.

Recently, Gov. Ed Rendell signed a bill which raises the income limit for the Circuit Breaker program from \$14,000 to \$16,000.

"This raise in the income limit will allow seniors to take part in this very successful and beneficial program," Watson

said.

"Seniors receive help in paying for important day to day medications as well as property tax relief which helps those living on a tight budget," he said.

The Circuit Breaker program provides qualifying seniors with grants up to \$700 to help them offset property taxes and

Pharmaceutical Assistance program help pay for prescription medicines for diabetes, arthritis, and heart disease.

If you should have further questions about the state's Circuit Breaker program please call the Illinois Department of Revenue's Circuit Breaker telephone line at 1-800-624-2459.

Alzheimer's program slated

The Alzheimer's Association, in partnership with the Lester Center Memorial Library, will present "Understanding Alzheimer's Disease and Dementia," to help area families dealing with memory loss, from 8:30 to 9:30 a.m. Sept. 18 at the library, 1001 Ninth St., Highland.

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Automotive

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VW takes the Passat upscale with a V6

By Tom Strongman

Slipping a 190-horse V-6 engine into Volkswagen's mid-size Passat creates a four-door sedan that feels like an Audi A4 in disguise.

It's not surprising, by the way, since the two cars share many under-skin components, and because Audi is the luxury division of Volkswagen.

The Passat is all-new for 1998, and a fine job it is, with spangles with distinctive German styling, light leather seats, spacious interior and athletic handling. The base engine in the GLS, a turbocharged, 1.8-liter four-cylinder, with 150 horsepower, is generally robust, especially when paired with the five-speed manual transmission. Prices start at \$20,750.

Last spring at the New York International Auto Show, Volkswagen updated the audi-like Passat with availability of a 190-horsepower V-6 as well as the GLX, a top-line luxury model.

After having spent three months with a Passat GLS earlier this year, I was eager to sample the GLX. For \$26,250 it comes with leather seats, power traction control, anti-lock brakes, side air bags, power locks with remote, trip computer, alarm system, fog lamps, split-folding rear seats and heated windshield wipers. Leather, polished aluminum and real wood trim add a distinctly upscale tone. The automatic climate control system is slick, and the AM/FM stereo system has good sound quality, although I was surprised that a CD player was not included.

If you want a GLS with the V-6, it begins at \$22,150.

The instrument panel's texture is appealing because it looks expensive. Large, analog gauges, that glow iridescent blue at night, are attractively designed and simple to read. I liked the under-dash lighting, although I suspect not everyone will.

At the bottom center of the dash is a pull-out cup holder that just isn't big enough to hold the wide variety of cups available. And it's not very deep.

Nice touches include a small storage box inside the adjustable center arm rest and the soft-touch material that surrounds the door pulls.

The front seats are pretty firm, which is typical of German cars, and the only change I would like to see is greater side support.

There is good leg room in the back seat, which is fine, but it creates a flat load floor like a station wagon.

A station wagon Passat, with the four-cylinder engine, is available starting at \$21,300.

Aside from the additional creature comforts, the biggest change is the 2.8-liter, 90-degree V-6 also used in Audi's A4 and A6. It has dual-overhead camshafts, five valves per cylinder, variable intake, five valves per cylinder, heads. It sits low longitudinally, for better weight distribution, and drives the front wheels.

Acceleration is strong and seamless, with nearly imperceptible shifts from one gear to the next. The smooth driving this engine is quiet and smooth, but give it the whip and it sounds a bit

coarse at maximum rpm.

Fuel mileage is rated at 18 city and 29 highway miles per gallon.

A five-speed manual is standard, but our test car was equipped with the optional Tiptronic five-speed automatic. The Tiptronic, a registered trademark of Bosch, is based on a five-speed transmission because it offers the best of both a manual and an automatic.

If you want to shift manually, slide the gear lever to the right. Then, in manual mode, you shift by tapping the lever forward and down to pull it backward. When you stop, if automatically shifts back to first gear, and if you floor the throttle it automatically up-shifts without any noticeable delay or catch gear. Nifty, and well worth the \$1,075.

Because of the body's slippery shape you hear very little wind noise at highway velocities, and that heightens the overall sense of quiet.

With the GLX, Volkswagen broadens the Passat's appeal and provides a luxury model to compete with entry-level luxury cars from many of its competitors. The GLX, however, will it steal buyers from the Audi A4?

The base price of our test GLX was \$26,250. Equipped with the Tiptronic automatic transmission, its sticker price was \$27,325.

The basic warranty is for two years or 24,000 miles, although the powertrain is warranted for 10 years or 100,000 miles. Scheduled maintenance for two years is performed at no charge.

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Points & Plugs

Many fatal wrecks involve "silent hazards"

By Rick Stoff

If trees were manufactured by somebody or could pay traffic tickets, the personal-injury lawyers, politicians and police would be all over them.

But trees and other roadside hazards tend to stand quietly and wait for a car or truck happens to slide off a road in exactly the wrong place.

The silent hazards are involved in nearly one-third of the country's traffic fatalities.

A group called the Roadway Safety Foundation, supported by the insurance industry, has proposed to look for the obstacles that make many roads dangerous. The foundation is calling for larger "recovery areas" that give drivers a second chance to regain control of their vehicles after leaving the pavement.

While considerable energy has been expended in recent years debating speed limits on interstate highways, most fatal traffic accidents occur on two-lane roads that are not bordered by wide run-off areas, guard rails and energy-absorbing barriers.

According to the Federal Highway Administration, two-lane roads account for 40 percent of all fatal accidents in 1995. Fixed objects along these roads, such as trees, utility poles and bridge supports, were major factors in nearly one-third of that year's fatal accidents.

The government's statistics show the "first harmful event" in 10 fatal car crashes in 1995 — 28.9 percent of the total — was an impact with a hazard close enough to the roadways to be struck with deadly force.

Missouri had the country's 10th-largest roadside-hazard incidence that year. Missouri authorities reported 359 fatal accidents during 1995, with 10 fixed objects, 35.9 percent of all fatal crashes in the state.

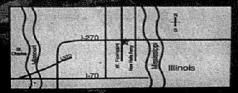
Illinois had the 27th-highest rate of object-related fatalities, with a percentage slightly below the national average. Fixed objects were factors in 36.9 fatal accidents, or 28.1 percent, in 1995.

The highest rate of fixed-object involvement was recorded in Vermont, with 43.2 percent, and the lowest was in North Dakota, with 8.8 percent.

"Often it's the simple things — like a dangerously placed utility pole, or a tree that's randomly installed or an exposed bridge pier — that lead to death and severe injuries from a car crash," said Kathy Hoffman, executive director of the Roadway Safety Foundation.

These deaths and injuries can be prevented, she said. "The problem is identifying the roadway hazards and alerting their local traffic engineers and city or town officials, these hazards can be repaired or eliminated."

The foundation says hazards can be reduced by relocating fixed objects far enough from the roadways, or with breakaway features; shielding fixed objects with roadway barriers or crash cushions; and often, just removing trees growing too close to traffic lanes.



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WE HAVE 17 HARLEYS IN STOCK!

1995 FORD ST EL CAMINO 289 CI (H/Po), 4sp ...

1971 CHEV SS EL CAMINO Red, Auto, A/C, HARLEY DAVIDSON ...

WE HAVE 17 HARLEYS IN STOCK!

TRADES WELCOME! NEXT TO CHRISTIAN HE HOSP. BANK FINANCING

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1995 FORD ST EL CAMINO 289 CI (H/Po), 4sp ...

1971 CHEV SS EL CAMINO Red, Auto, A/C, HARLEY DAVIDSON ...

WE HAVE 17

320 HELP WANTED

AS/400 PROGRAMMER/ANALYST
Collinsville Manufacturing Co. has an immediate opening for an AS/400 RPG programmer/analyst. At least two years experience in work environment preferred. Qualified candidates should send resume to:

P.O. Box 749
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or fax: 618-346-2292

ASSEMBLER ARTS Crafts Toys in your spare time? Earn extra cash! We're looking for Sewing, Electronics, More. Call 1-800-759-0880 (SCA message) or fax 618-223-0884.

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AUTO DETAILER Complete interior and exterior detailing. Orbital and High speed buffer, plus other services. Experience preferred. Call 314-803-7477.

AUTO DETAILERS \$10/HOUR WITH BONUS \$5/HOUR TO START. After 90 days, \$12/HOUR WITH BONUS \$10/HOUR. No experience required. Must have valid CDL & Class A license. Apply in person to:

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Good fringe benefits for full time positions

BODY SHOP REPAIR Experience req'd. Good fringe benefits. Paint Department Preppers. Must be experienced in sanding and masking. Apply at Auto Auction 1328 St. Charles Rd. Bridgeview, IL 60455. EOE. Good fringe benefits for full time positions

Automotive Mechanic/Technician DOBBS Tire & Auto Dobbs has immediate openings for experienced technicians w/ skills and experience in brakes and auto engine repair. ASE Certification required. Also, direct hire management positions available. Guaranteed hourly rate. 401K, profit sharing, performance based incentives based on performance. Rate \$10-\$22 per hour based on experience. Benefits per person at any Dobbs location, M-F, 9-6 daily or 8am-5pm. Call 314-803-7401 for more information

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Mon. - Fri. 11:30a.m. - 2:30a.m. The Pub Room

230 N. Main Street, Alton

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for small business company

Good computer, math, and

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must: Call 345-9920

Fantasyland Adult Bookstore

Cashier Needed

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Ask for Jerry or Lardez

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Must be 21 or older

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Halgard Construction is seeking qualified cable installers with truck and equipment to work in the St. Louis County area. Employee status, competitive pay, Health insurance and retirement plan available. Bonus incentive commensurate with experience up to \$1200.

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Sell It Fast!
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SELL IT FAST WITH THE CLASSIFIED

We Need You!



Laidlaw Transit, Inc. in Granite City is looking for prospective employees. Would you be interested in a school bus driving position if there was \$15.00 per day daycare available for your children? This is an excellent part-time job for homemakers or retirees. You can earn at least \$58.00 per month to start! We do complete classroom and behind-the-wheel training! In addition, we are now offering a \$300.00 employment bonus to each individual who successfully completes their training.

You must be at least 21 years of age and have a clean driving record in order to qualify for a School Bus Commercial Driver's License.

Call 618-797-0931 or apply in person at 5552 Dial Drive, Granite City.



JOIN A WINNING TEAM

North America's largest group of community newspapers, the Suburban Journals, has the following openings in our Sales & Marketing Department.

Outside Sales Representative

Must have sales experience and/or college degree, strong presentation skills and be a team player with a positive attitude.

Responsible for servicing existing account base and developing new business.

Immediate openings in Jefferson County - South County - West County North County - St. Charles County

Management

Advertising Sales Management

Illinois & St. Charles County Sales/management experience and college degree preferred.

Inside Sales Representatives

CLASSIFIED DEPARTMENT - WEST COUNTY

Full or Part Time
Part Time day & evening schedules available. Call Phone Line.
Entry to Senior Level

Must type 40 wpm, have excellent customer service, spelling & proofreading skills; and be a positively motivated team player. Senior Level positions require sales experience.

Inside Sales candidates only may call our office at 822-2242, Ext. 367. Please leave a detailed voice message including daytime phone number.

We offer base salary + commission, excellent benefits for full time employees (including choice of medical plans and company matching 401k), paid training and a pleasant work environment.

Interested candidates may send a resume to:

Suburban Journals

Attention: AR, (Job Title)
1714 Deer Tracks Trail
St. Louis, Mo 63131

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'98 Cavalier Stock #6374 Air, Automatic REBATE \$1000* 0.9% APR	'98 Blazer LS Stock #3460 Air, V6, Auto, Pwr. Wind., Pwr. Lock, Stereo, Low Miles, Like New REBATE \$1,500* 0.9% APR	NEW '98 S-10 Pickup Stock #3060 REBATE \$1500* 0.9% APR	'98 Full Size Ext. Cab Silverado Loaded 4x4 Stock #3060 \$22,867
\$11,775* or just \$197* per month 10.9% APR up to 36 months, 2.9% for 40 mos., GMAC financing to qualified buyers excludes tax, title and DOC fees. \$1,500 rebate is \$500 coupon.	\$22,491* 10.9% APR up to 36 months, 2.9% for 40 mos., GMAC financing to qualified buyers excludes tax, title and DOC fees. \$1,500 rebate is \$500 coupon.	\$9,747* or just \$169* per month 10.9% APR up to 36 months, 2.9% for 40 mos., GMAC financing to qualified buyers excludes tax, title and DOC fees. \$1,500 rebate is \$500 coupon.	\$22,867 Price includes a \$750 Rebate. Excludes tax, title and DOC fees.

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A Good Used Car Is A Great Way To Save, If You Buy It At The Right Place. "We've Got One For You!"

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#9149A '93 CHEVY CAVALIER 4 DR R.S. 46,000 Miles, Auto, P/S, A/C, Locks, \$6,995	#8744A '94 OLDS CIERA 4 DR Low Miles, Auto, V6, A/C Priced to Sell \$7,995	#8741A '95 STOYOTA CAMRY 4 DR Auto, P/S, PW, Fw Locks, A/C, Super Nice Car, \$12,995	#3535A '94 DODGE INTREPID 4 DR E.S. Loaded Up, Extra Clean, Mint Cond and Must Drive \$12,995	OVER IN STOCK LIKE NEW '95'S, '96'S, '97'S, '98'S Most W. Factory Warr. Remaining!	#3467AA '93 MERCURY COUGAR XR7 Loaded Up, Very Clean, Runs & Looks Great	#P927 '97 CHEVY BLAZER 4 DR 4 Wheel Drive Loaded, Auto, V6 Low Miles, Great Shape \$12,995	#P907 '97 CHEVY BLAZER 4 DR 4 Wheel Drive Loaded, Auto, V6 Low Miles, Great Shape \$12,995	#P707B '97 FORD XLT SUPER CAB 4 Wheel Drive, Loaded, V6, Auto, Clean, Priced to Sell \$14,975	#3602A '96 BLAZER 4 DR 4 Wheel Drive Loaded, Auto, V6 Low Miles, Great Shape \$12,995
#P185 '92 GMC FULL SIZE Conversion Van, Very Clean, Like New, Fully Loaded \$3,995	#9494A '91 GMC FULL SIZE Conversion Van, Super Clean, Loaded, Like New \$7,995	#P159A '92 FORD EXPLORER XLT PICKUP RED Conversion Van, Super Clean, Loaded, Like New \$7,995	#3588A '92 FORD EXPLORER XLT PICKUP RED Conversion Van, Super Clean, Loaded, Like New \$7,995	#350A '91 FORD EXPLORER 4 DR, 4WD Loaded Up, Extra Clean, Runs & Looks Great \$12,995	#3125A '97 Chevy C5000 4x4, 4 Dr, Diesel, Auto, Work Horse, 2 Bed, Flat Bed, Regular Cab \$12,995	#P956 '97 BLAZER 4 DR, 4X4 4 Wheel Drive Loaded, Auto, V6 Low Miles, Ready For Immediate Delivery, 1 or 2 Kind Priced \$13,995	#P908 '97 CHEVY BLAZER 4 DR 4 Wheel Drive Loaded, Auto, V6 Low Miles, Ready For Immediate Delivery, 1 or 2 Kind Priced \$13,995	#DODGE DAKOTA SPORT 2Door, mt, Bal. Of Wtr. \$9,495	#3602A '96 BLAZER 4 DR 4 Wheel Drive Loaded, Auto, V6 Low Miles, Great Shape \$12,995
#P185 '92 GMC FULL SIZE Conversion Van, Very Clean, Like New, Fully Loaded \$3,995	#9494A '91 GMC FULL SIZE Conversion Van, Super Clean, Loaded, Like New \$7,995	#P159A '92 FORD EXPLORER XLT PICKUP RED Conversion Van, Super Clean, Loaded, Like New \$7,995	#3588A '92 FORD EXPLORER XLT PICKUP RED Conversion Van, Super Clean, Loaded, Like New \$7,995	#350A '91 FORD EXPLORER 4 DR, 4WD Loaded Up, Extra Clean, Runs & Looks Great \$12,995	#3125A '97 Chevy C5000 4x4, 4 Dr, Diesel, Auto, Work Horse, 2 Bed, Flat Bed, Regular Cab \$12,995	#P956 '97 BLAZER 4 DR, 4X4 4 Wheel Drive Loaded, Auto, V6 Low Miles, Ready For Immediate Delivery, 1 or 2 Kind Priced \$13,995	#P908 '97 CHEVY BLAZER 4 DR 4 Wheel Drive Loaded, Auto, V6 Low Miles, Ready For Immediate Delivery, 1 or 2 Kind Priced \$13,995	#DODGE DAKOTA SPORT 2Door, mt, Bal. Of Wtr. \$9,495	#3602A '96 BLAZER 4 DR 4 Wheel Drive Loaded, Auto, V6 Low Miles, Great Shape \$12,995

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Collinsville area. All shifts available, including evenings & weekend hours. Benefits include company health insurance. **NO EXPERIENCE NECESSARY.** \$5.50/hr. paid weekly. For more information call 628-2242 or call 24 hour Jobs Hotline 800-523-JOBS, or 628-2242.

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Must possess Type 10 Certificate, Special Ed. Approval, or Early Childhood Special Ed. Approval. Rewarding opportunity to teach children with autism. Training will be provided. Excellent salary and benefits. Send resume to:

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ATTN: Bev Capek
548 S. Ruby Lane
Fairview Heights, IL 62208
Phone: 618/398-7500
Fax: 618/394-9869

Looking for retired couple to manage our business. Call Bill 314-939-9972.

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To stack bundles of papers off production line
Only those who want to work need apply!
Night and day shifts available.
Apply in person, 8am-4pm
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Qualified candidate will have 10+ years experience with Goss Urbante printing press with a minimum of 5 years in a supervisory capacity.

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We offer an outstanding comprehensive benefits package including your choice of 3 health plans, a 40(1)K Savings & Retirement plan, paid holidays & paid vacations.

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Printing Company, Inc.
4210 Chippewa Street, St. Louis, MO 63116
EOE

VOCATIONAL/TECHNICAL TRAINING OFFERED BY GRANITE CITY COMMUNITY UNIT SCHOOL DISTRICT NO. 9

The following programs available at Granite City Senior High School are designed to train students in order that they may enter employment immediately in each specific area upon graduation from high school or that they may continue training at the community college level, a trade school, or an apprenticeship program.

BUSINESS OCCUPATIONS
Accounting
Computer Applications
Information Processing
Retail Merchandising
Office Assistants

HOME ECONOMIC OCCUPATIONS
Child Care
Fashion Merchandising
Food Service
Textile Crafts
Hospitality/Tourism

HEALTH OCCUPATIONS
Hospital Housekeeping
Health Care Aide
Medical Office Assistant
Certified Nurse Aide

The above mentioned programs are offered without regard to race, color, gender, national origin, or disability. Students entering these programs must be actively enrolled in school. For additional information please contact Cindy Gagich, Vocational Director, Granite City Senior High School, 451-5808.

ACTIVITY AIDE
Part time, evenings, weeknights and day shift, to work in special care unit with Alzheimer's residents. This is a great opportunity for someone who wants to help others. Excellent opportunity for someone who enjoys with crafts and special needs students. Contact: 469-1200. For confidential interview apply at: THE WESTCHESTER HOUSE 550 White Rd. Chesterfield EOE

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St. Peters Manor Care Center is seeking applications for full-time NAs. \$6.50, night shift \$6.75. Benefits include (FREE CNA training), CNA start \$7.50/Hr. & CNA \$10.00/Hr. Bonus \$10/Hr. (1/2 paid after 6 mos., 1/2 after 1 yr.). Vacations, Paid Holidays, Health & Dental Ins. Apply in person, 85M-F 230 SPENCER RD ST PETERS, MO 63376 equal opportunity employer

CNA/CNA/NAs
Full time/Evenings
Full time/Evenings
We are offering an attendance bonus differential!

Good starting salary & excellent benefits. APPLY:

MARY QUEEN AND MOTHER CENTER 7601 WATSON RD EQUAL OPPORTUNITY EMPLOYER

AUTUMN VIEW GARDENS
LPN/CMT or LEVEL I MED AIDE
Part time evenings
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DIETARY AIDES
Full time & part time
HOUSEKEEPING
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LAUNDRY
Part time.
LIGHT MAINTENANCE/HSKPNG
32 hrs, full time days
Work every other weekend & every other holiday. Great benefits (for full time).
Call 314-545-5225, Mon-Fri., 8am-4pm.
16219 Autumn View Terrace, Ellisville

All Saints Special Care Hospital
ALL SAINTS SPECIAL CARE HOSPITAL
St. Louis' newest provider of long-term acute care for critically ill and medically complex patients is now accepting applications for full-time and part-time:

RN/LPN's-Full time-12 hour shifts/7-7

Requires: 1 year nursing experience, LPN/CNA, LPN/CNA preferred.

All Saints Special Care Hospital offers a unique and caring work environment with a competitive salary and benefits package.

Resume may be faxed to (314) 783-033 or mailed to:

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12200 Chippewa Drive
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VOCATIONAL/TECHNICAL TRAINING OFFERED BY GRANITE CITY COMMUNITY UNIT SCHOOL DISTRICT NO. 9

The following programs available at Granite City Senior High School are designed to train students in order that they may enter employment immediately in each specific area upon graduation from high school or that they may continue training at the community college level, a trade school, or an apprenticeship program.

INDUSTRIAL OCCUPATIONS
Automotive Technology
Business
Drafting
Electricity/Electronics
Graphic Design
Manufacturing Process
Machine Tool Technology
Welding

OFF CAMPUS EDUCATION
Cooperative Education
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Restaurant

RESTAURANT MANAGEMENT

Fresh Opportunity! Rapid-

growth company now hiring entry level

Assistant Managers and

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Teaching Assistant

Must possess Type 03, 09, or 39 Certificate. Full time rewarding opportunity working with students age 3-21 with autism. Professional training provided. Excellent salary and benefits. Send resume to:

Illinois Center for Autism

ATTN: Dr. Casper

500 Ruby Lane

Fairview Heights, IL 62208

Phone: 618/398-7500

Fax: 618/394-9869

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EXCELLENT EARNINGS!
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NO EXPERIENCE NECESSARY
For More Information Call JOHN at
STAR REALTORS
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RECEPTIONIST GENERAL OFFICE

FT position available immediately. Hours vary; some evenings required. Responsible for incoming/outgoing mail, light clerical duties and will represent the company. Experience with Windows preferred. Must be able to type 30 wpm. Send resume to: Granite City Press 1015 Delmer St. Granite City, IL 62040 Attn: 3200

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1 Full & Part Time Position Available.

Apply Within
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Full time, Great hours. No late

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Supplier, experience

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8:30am-3:00pm and/or

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other weekend. Apply: Mary,

Queen & Mother Center,

7601 Watson Rd., St. Louis, MO 63116

equal opportunity employer

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Classifieds Get Results

Teaching Assistant

Must possess Type 03, 09, or 39

Certificate. Full time rewarding opportunity working with students age 3-21 with autism.

Professional training provided. Excellent

salary and benefits. Send resume to:

Illinois Center for Autism

ATTN: Dr. Casper

500 Ruby Lane

Fairview Heights, IL 62208

Phone: 618/398-7500

Fax: 618/394-9869

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ACT NOW!

Join Petra Fashions & have

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Excellent compensation.

Call 314-640-5015

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Would you like to take

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individuals who want to join

our winning team.

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NEW LISTING - Tastefully decorated, finished basement, heated garage, 560's. C2158 NEED A LITTLE TLC - Charming bungalow, large front porch, 2 garages, privacy fenced corner lot, 40's. C2118 **SELL LIKE NEW -** Brick and frame combo, 3 BR, 2 baths, vaulted ceiling, fireplace, front porch, 1940's. C2144 **HURRY, HURRY, HURRY -** 3 BR ranch, finished basement, garage, fenced yard, hardwood floors, 560's. C2140 **FOR LEASE -** Goffling community, 2 story, 4 BR, 2 baths, 2 living rooms, fireplace, central air, decorator accents, agent owned, \$150's. C2190 **MOTEL UP FOR LEASE -** New 2 story, over 1,600 sq. ft. living space, large rooms, edge of town, C2192

SO MUCH FOR SO LITTLE - 1 1/2 story, corner lot, 4 BR, baseboard heat, 560's. C2155 **A LITTLE DOUGH WILL DO YA -** Neat and clean, 5 room, basement, 2 car garage, 560's. C2149 **SARE FIND -** Flowing floorplan, 4 BR, 3 baths, fam. room, fireplace, carpeted tub, dining room, C2148 **WANT TO MAKE MONEY MAKERS -** 4 brick one level 2 BR duplexes, near business area. Will sell separately. Agent owned. C2170-73

Giving You The Quality Service You Deserve

Bobbie Bailey 782-0750 Marian Cavin 452-9105
Markie Andrews 731-5359 Gary Hansen 782-7857
Sandra Bass 782-8530 John Jaros 782-8932 Tina Stanley 782-4300
Jerry Bassermann 782-9847 Terry Mims 782-9800 Evelyn Wiesbusch 782-7057
Tommy Brown 782-6584 Chuck Osburn 787-0632

EACH OFFICE IS INDEPENDENTLY OWNED AND OPERATED



NEW LISTINGS



NEAR LISTING Lovely 3 BR home on corner, oversized carport, fenced yard, nice kitchen. Great appointments - this should go fast! LG228



JUST LISTED Good home - describes this home as "modern". Large front porch, eat-in kitchen, vinyl siding, vinyl windows, vinyl roof, vinyl siding, vinyl windows, vinyl roof. Awaits your inspection! LG228



VICTORIAN HOME with 3 BR, wall-to-wall carpeting, large kitchen, dining area, possible 4th BR in basement. Also 3 room rental house on back of lot. Priced to sell! LG168



LITTLE BUT MIGHTY ATTRACTIVE 1 BR home, fenced yard, totally renovated & updated. Ready to move in. LG244



PRICE REDUCTION for this beautiful 3 BR on the outskirts of town. Also has a dining room, family room with a fireplace, large front porch, large fenced yard with covered patio. Priced right. A must see. LG584



START YOUR OWN BUSINESS in this 4 BR duplex, dining room, 1 1/2 bath, den, sunroom, 2 car garage, 1 car garage. Off street parking. Exceptionally nice. Keep your income coming. Must see. LG355

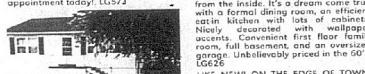


YOU'LL BE PROUD to give this address. Home overlooking the Fairways. Very open floor plan and comfortable. Large front porch, large fenced yard, 1st floor laundry, Jacuzzi tub. Treat your family to the best! Reduced! LG506

RESIDENTIAL LISTINGS



RAISE BRICK RANCH with 1 car attached garage. 2 BR, family room, eat-in kitchen, 1 bath, large rear room. Windows on lower level about 4 years. For more details call for your appointment today! LG572



GIVE SELLERS THEIR ASKING PRICE on this 2 bedroom home with an eat-in kitchen, 1 bath, vinyl floor installed before you move in. Other features include a large front door, freshly painted exterior, and a very clean interior. Rental income from rear house will make mortgage payments. LG577



2 FOR 1 SALE \$25,000 buys 2 houses for the one price. One 2 bedroom, 1 bath, vinyl floor, vinyl windows, stove to stay, double closets, full吃食, large rear deck. Second house is enclosed from rear porch. #2 offers 1 bedroom, living room, dining room, kitchen, bathroom, large rear deck. Main level laundry room, all big windows. Large rear deck. Priced to stay. Also 2 car garage. LG1036



MOTIVATED SELLER needs to sell. Neat and tidy 3 bedroom, 1 bath. Newer furnace, large kitchen, main floor laundry. Very nice bed. Owner wants to sell. Only \$22,000. Call today for all details. LG530



A VERY NICE BRICK 2 BR home with full basement, family room, covered patio & the additional comfort of thermopane windows. Priced in the low forties. LG515



BIG HOME! 4 BR living room, dining room, kitchen, 2 full baths, basement, newer carpet. Front porch 1 year old. A must see. Priced in the \$50's. Call today. LG523



COME SEE THIS - FAMILY rental property. 2 1/2 BR plus 2 1/2 BR apartments. Each has separate utilities, central air, newer carpet, etc. For more details call today. LG524

Neva Lucas 782-2988 **Janice Morris** 451-7121
Bethie Morris 782-2988 **Connie Morris** 782-3412
Diane Naney 782-0678 **Donna Parker** 782-5140
Janet Parker 782-5140 **Brenda Phillips** 876-7810

2620 APARTS/PLATS UNFURNISHED

BROOKBRIDGE Apartments, 1 bedroom, 1 bath, vinyl, heat, air, fenced. \$125-\$1300. Rent. Call 782-3412

Oaken Quail Apartments, 2BDR, 1 bath, Collinville, \$757. Must be seen. Call 782-1482

COLLINSVILLE, OH YEAH! Nice 2 story unit, 2 bedrooms, 1 bath, vinyl, carpet, \$1315. Discount available. Call 782-5232

DOWNTOWN 1 bedroom, 1 bath, vinyl, carpet, \$1300. Served for an elderly, \$1350. Call 782-3412

FOR RENT 1 bedroom, efficiency, AC, heat, Mitchell Park, \$750. Call 782-3412

Granite City, IL 2BR, Apt. #208, \$1300. Deposit \$288-6702.

Granite City, IL Efficiency, 1 bedroom, 1 bath, vinyl, carpet, \$1300. Call 782-3412

GRANITE CITY, IL 2BDR, \$1300. Call 782-3412